

**Social Empowerment** - process of developing a sense of autonomy and self-confidence among individuals, that allows them to act individually and collectively to have a say in social relationships and the institutions and discourses that exclude them

### How it can be achieved?

#### components of empowerment

- providing education → to make informed decision → obtaining basic opportunities for marginalized
- granting them political rights → thwarting attempts to deny basic opportunities
- enabling economic self-sufficiency → eliminating need for future charity

- involvement in local associations

- inter-community cooperation mechanisms

- economic empowerment - in broad areas of discourse

- a) promotion of the assets of poor people (ex. cash transfers, land rights, credit access)
- b) transformative forms of social protection
- c) microfinance
- d) skills training

allows people to think beyond immediate daily survival and to exercise greater control over both their resources and life choices

- political empowerment - refers to process of transferring various elements of power (resources, capabilities, positions) to those who don't have it.

→ relates to distribution of power, access to offices,

Overall, empowerment relates to

- accountability
- responsible govt. institutions
- inclusive political institutions
- access to information
- citizen engagement in social accountability mech.

#### Broad points

- deepen democracy
- decentralization
- transparency, access to info
- citizen engagement with policy process
- public participation in service delivery