

PRAHAAR Pre Cum Mains Foundation Batch 2.0 for UPPCS SCHEDULE				PRAHAAR Pre Cum Mains Foundation Batch 2.0 for UPPCS SCHEDULE			
Date	Day	Subject	Topic	Day	Subject	Topic	
15-07-2024	Monday	Geography	Theories Stellar Evolution Chandrasekhar limit Galaxy Solar system Pluto Sun	Monday	Polity	Historical Underpinnings (1773-1892) -1 Historical Underpinnings (1909-1947) -2 Making of Indian Constitution Salient Features	
16-07-2024	Tuesday	Geography	Continental Drift Theory Convectional Current Theory Sea Floor Spreading Theory Plate Tectonics Theory Sources of Interior of the Earth Interior of the Earth	Tuesday	Polity	Constitution as a living document Transformative Constitution Preamble	
17-07-2024	Wednesday	Geography	Sources of Interior of the Earth Interior of the Earth Earthquakes Rocks Volcanoes The Earth Layers of Atmosphere Insolation Heating & colling of Atmosphere Heating Budget of Atmosphere	Wednesday	Polity	Union and Territories Dilution of Article 370 Citizenship	
18-07-2024	Thursday	Geography	The Earth Layers of Atmosphere Insolation Heating & colling of Atmosphere Heating Budget of Atmosphere Temperature Distribution of Temperature Temperature Inversion	Thursday	Polity	Fundamental Rights FR Articles 22 to 32 Fundamental Rights Exceptions and Criticisms DPSP's Amendments procedure Relationship Between FRs & DPSP's Fundamental Duties	
19-07-2024	Friday	Geography	Atmospheric Pressure Pressure & Winds Factors - Wind Velocity Pressure Belt and Wind System Classification of Winds Jet Stream Airmass Fronts	Friday	Polity	Federalism - Concept and Development in India Centralising Tendencies in India Centre-State Legislative relations Centre-State Administrative relations Centre-State Financial relations Reforms in Centre-State relations	
20-07-2024	Saturday	Geography	Airmass Fronts Temperate Cyclones Tropical Cyclones Difference between Temperate and Tropical Cyclones Water in the Atmosphere	Saturday	Polity	Inter-state River Water Disputes Inter-state Council ZCs, Inter-state Trade & Public Acts Inter-state Boundary Disputes Emergency provisions Parliamentary system	
21-07-2024	Sunday		-	Sunday		-	
22-07-2024	Monday	Geography	Ocean Floor Temperature of Ocean Tides Ocean Currents	Monday	Polity	President - Election & Removal Role & functions of President Vice President of India Power & functions of PM Role of PM & Council of Ministers	
23-07-2024	Tuesday	Geography	Arctic South China Sea Indian Ocean World Climate Types - 1 World Climate Types - 2	Tuesday	Polity	Cabinet committees Organisation of Parliament Parliament Presiding officer of Lok Sabha Analyzing the role of Speaker Presiding officer of Rajya Sabha & leaders in Parliament	
24-07-2024	Wednesday	Geography	Indian Monsoon El Nino & La Nina Walker Circulation Modoki Indian Ocean Dipole ENSO	Wednesday	Polity	Parliament - Sessions & Devices - 1 Parliament - Sessions & Devices - 2	
25-07-2024	Thursday	Geography	Physiographic Division - Basics Location & Size The Islands The Great Plains of India	Thursday	Polity	Ordinary bills Money bill, Financial bill, Joint Sitting of Both Houses Budget & funds in India Analysing work & issues in Parliament	
26-07-2024	Friday	Geography	Himalayas Aravali Differences between Himalayas and Aravali Peninsular Plateau	Friday	Polity	Parliamentary committees Working of parliamentary committees State executive and legislature UTs	
27-07-2024	Saturday	Geography	Soil Natural Vegetation	Saturday	Polity	Supreme Court, Aspects of Judiciary, Judicial Activism High Courts & District courts Alternate Dispute Redressal- Lok Adalat, Gram Nayayaya, Family Court, ADR	
28-07-2024	Sunday		-	Sunday		-	
29-07-2024	Monday	Geography	Drainage System - Terms Drainage System - India Himalayan Drainage & Peninsular Drainage	Monday	Polity	73rd & 74th Constitutional Amendment Act Urban Local Bodies Scheduled and Tribal Areas	
30-07-2024	Tuesday	Geography	The Indus System The Ganga System The Brahmaputra Peninsular Drainage	Tuesday	Polity	Constitutional Bodies Important statutory and executive bodies - Part 1 Constitutional Bodies Important statutory and executive bodies - Part 2 Constitutional Bodies Important statutory and executive bodies - Part 3	
31-07-2024	Wednesday	Geography	Indian Agriculture Cotton Industry Wool Industry Silk Industry Jute Industry Sugar Industry	Wednesday	Polity	Political Parties, Pressure Groups, Role of NGOs, SHGs, associations, donors, charities, institutional and other stakeholders Representation of People's Act and Electoral Reforms	
01-08-2024	Thursday	Geography	Iron & Steel Industry Tea & Coffee Industry Paper Industry Fishing Industry Pharmaceutical Industry	Thursday	Polity	Civil Services in Democracy Representation of People's Act and Electoral Reforms E-Governance, Transparency and Citizen Charter	
02-08-2024	Friday	Geography	Natural Resources - 1 Natural Resources - 2	Friday	Polity	Social Justice - Poverty and Hunger Social Justice- Vulnerable sections - Women and Children	
03-08-2024	Saturday	Environment	Basics of Ecology	Saturday	Polity	*Social Justice- Vulnerable Sections - SC/ST/TRANSGENDER Social Justice - Health and Education"	
04-08-2024	Sunday		-	Sunday		-	
05-08-2024	Monday	Environment	Components of Ecosystem Productivity of Ecosystem Function of Ecosystem Biotic interactions Nutrient cycle	Monday	History	Sources to study Ancient Indian History Paleolithic Age, Mesolithic Age, Neolithic Age Chalcolithic age Indus Valley Civilization	
06-08-2024	Tuesday	Environment	Terrestrial Ecosystems - 1 Terrestrial Ecosystems - 2	Tuesday	History	Vedic Period Janapadas and Mahajanapada Mauryas	
07-08-2024	Wednesday	Environment	Aquatic Ecosystem - 1 Aquatic Ecosystem - 2	Wednesday	History	Iranian & Macedonian invasion of India Post-Mauryas & Foreign Invasions Gupta Period	
08-08-2024	Thursday	Environment	Air Pollution - 1 Air Pollution - 2 Water Pollution - 1 Water Pollution - 2	Thursday	History	Vakatakas Vardhana Dynasty Sangam age Orthodox Philosophies	

09-08-2024	Friday	Environment	Renewable Energy - 1 Renewable Energy - 2 Renewable Energy - 3 Renewable Energy - 4 Renewable Energy - 5	Friday	History	Heterodox Philosophies - Lecture 1 Heterodox Philosophies Lecture 2
10-08-2024	Saturday	Environment	Climate Change - 1 Climate Change - 2 Climate Change - 3 Climate Change - 4	Saturday	History	Temple Architecture "Early Medieval India Feudalism Origin & rise of Rajputs"
11-08-2024	Sunday		-	Sunday		-
12-08-2024	Monday	Environment	Biodiversity - 1 Biodiversity - 2	Monday	History	Delhi Sultanate Part-1 - Slave Dynasty Delhi Sultanate Part-2 - Khalji Dynasty Delhi Sultanate Part-3 - Tughlaq Dynasty Delhi Sultanate Part-4 - Sayyid Dynasty and Lodhi Dynasty
13-08-2024	Tuesday	Environment	Protected Areas	Tuesday	History	Babur & foundation of Mughal empire Humayun & Sher Shah Suri Akbar - Mughal India
14-08-2024	Wednesday	Science & Tech	Physics of Space-1 Physics of Space-2	Wednesday	History	Jahangir - Mughal India -3 Shah Jahan - Mughal India -4 Aurangzeb - Mughal India -5 Decline of Mughal Empire
15-08-2024	Thursday	Science & Tech	Space technologies India in space	Thursday	History	Vijayanagara Empire Bahamani kingdom Bhakti - Sufi Movement
16-08-2024	Friday	Science & Tech	Defence Biotechnology	Friday	History	Dances + Paintings Miscellaneous
17-08-2024	Saturday	Science & Tech	Nanotechnology & Blockchain technology Nuclear technology	Saturday	History	Introduction European Penetration Successors of Mughal States
18-08-2024	Sunday		-	Sunday		-
19-08-2024	Monday	Science & Tech	Electronics and Computer Information Technology	Monday	History	Rise of British Supremacy Consolidation of British in India Revolt of 1857 Aftermath
20-08-2024	Tuesday	Science & Tech	Robotics Alternative Energy Sources	Tuesday	History	Socio-Religious Reforms Formation of Congress till Coming of Gandhi Gandhian Phase
21-08-2024	Wednesday	Science & Tech	Health and diseases-1 Health and diseases-2	Wednesday	History	Decade of Indian Freedom (1941-1947) Miscellaneous topics and updates
22-08-2024	Thursday	Science & Tech	Ocean research & IPR	Thursday	History	World History Lec-1 World History Lec-2
23-08-2024	Friday	Economy	Basics of Economy Basics of Economy Pt-2 Basics of Economy-3	Friday	History	World History Lec-3 World History Lec-4
24-08-2024	Saturday	Economy	Inflation Inflation Pt-2	Saturday	History	Post-Independence Consolidation Lec-1,2,3,4 & Miscellaneous
25-08-2024	Sunday		-	Sunday		-
26-08-2024	Monday	Economy	Inclusive Growth	Monday	Social Issues	Features of Indian Society 3 Frameworks to answer question Family Marriage Women related Social Issues
27-08-2024	Tuesday	Economy	Banking Banking (Part-2)	Tuesday	Social Issues	Population- 1 Population- 2 Population - 3 Population - 4
28-08-2024	Wednesday	Economy	Banking (Part-3) Banking (Part-4)	Wednesday	Social Issues	Poverty - 1 Poverty - 2 Poverty - 3 Poverty - 4 Poverty - 5
29-08-2024	Thursday	Economy	Public Finance Public Finance (Part-2)	Thursday	Social Issues	Urbanisation
30-08-2024	Friday	Economy	External Sector External Sector (Part-2) External Sector (Part-3)	Friday	Internal Security	Basics of Internal Security and Left Wing Extremism North Eastern Insurgency Terrorism and Kashmir issue
31-08-2024	Saturday	Economy	Markets Markets (Part-2)	Saturday	Internal Security	AFSPA and Police Reforms Organised Crime and Money Laundering
01-09-2024	Sunday		-	Sunday		-
02-09-2024	Monday	Economy	Economically Relevant International Institutions Economically Relevant International Institutions (Part-2)	Monday	Internal Security	Defense Manufacturing and Defence Modernization Border Areas and Coastal Security Cyber Security and Role of Media
03-09-2024	Tuesday	Economy	Investment Models	Tuesday	Internal Security	Border Management Miscellaneous
04-09-2024	Wednesday	Economy	Agriculture Agriculture (Part-2)	Wednesday	Ethics	Ethics & Its Scope Essence & Dimensions of Ethics Sources of Ethical Standards
05-09-2024	Thursday	Economy	Agriculture (Part-3) Agriculture (Part-4)	Thursday	Ethics	Determinants of Ethics Human Actions Private Ethics vs Public Ethics Ethics in Public Administrations
06-09-2024	Friday	Economy	Planning Land Reforms	Friday	Ethics	Human Values - Part 1 Human Values - Part 2 Human Values - Part 3 Human Values - Part 4 Human Values - Part 5
07-09-2024	Saturday	Economy	Liberalisation Liberalisation (Part-2)	Saturday	Ethics	Attitude Part - 1 Attitude Part - 2 Attitude Part - 3 Attitude Part - 4
08-09-2024	Sunday		-	Sunday		-
09-09-2024	Monday	Economy	Industry Industry (Part-2)	Monday	Ethics	Functions of Attitude - Part 1 Functions of Attitude - Part 2 Functions of Attitude - Part 3 Functions of Attitude - Part 4 Functions of Attitude - Part 5 Functions of Attitude - Part 6
10-09-2024	Tuesday	Economy	Infrastructure Infrastructure (Part-2)	Tuesday	Ethics	Values for Civil Service Part - 1 Values for Civil Service Part - 2 Values for Civil Service Part - 3 Values for Civil Service Part - 4
11-09-2024	Wednesday	Economy	Infrastructure (Part-3) Infrastructure (Part-4) Miscellaneous	Wednesday	Ethics	Attributes of Good Administrator Integrity and Self Integration Harry Frankfurt's Views Integrity and its properties Intellectual Integrity Requirement & Needs of integrity in Public Services
12-09-2024	Thursday	IR	Basic Concepts of IR	Thursday	Ethics	Dedication to Public Service Impartiality Political Patronage Political Neutrality Objectivity
13-09-2024	Friday	IR	India's Foreign Policy	Friday	Ethics	Empathy Tolerance Compassion

14-09-2024	Saturday	IR	India's Neighbourhood- Part 1	Saturday	Ethics	Emotions Intelligence Emotional Intelligence Key Elements How to Improve Mayers & Salovey Ability	
15-09-2024	Sunday		-	Sunday		-	
16-09-2024	Monday	IR	India's Neighbourhood- Part 2	Monday	Ethics	Attributes of Emotional intelligence Need of EI in Civil Services Benefits of EI in civil Services Emotional Quotient EI & EQ at Workplace	
17-09-2024	Tuesday	IR	Act East Policy	Tuesday	Ethics	Theory of Descriptive Ethics by Lawrence Kohlberg Consequentialism or Teleological Ethics Non-Consequentialism or Deontological Ethics Virtue Ethics Plato's concept of virtues Aristotelian concept of Virtue Socrates on Virtue Ignorance and Knowledge	
18-09-2024	Wednesday	IR	Look West	Wednesday	Uttar Pradesh GS	Ancient History of UP Pt-1 & 2 Medieval History of UP	
19-09-2024	Thursday	IR	India's Neighbourhood- Part 1	Thursday	Uttar Pradesh GS	Modern History of UP Pt-1 & 2 Physiology of UP Pt-1 & 2	
20-09-2024	Friday	IR	India's Neighbourhood- Part 2	Friday	Uttar Pradesh GS	Climate of UP Soil of UP	
21-09-2024	Saturday	IR	Act East Policy	Saturday	Uttar Pradesh GS	Agriculture of UP Drainage System of UP	
22-09-2024	Sunday		-	Sunday	Uttar Pradesh GS	Irrigation System of UP Minerals in UP	
23-09-2024	Monday	IR	Look West	Monday	Uttar Pradesh GS	Natural vegetation of UP and Flora & Fauna Ramsar Sites & Tiger Reserves in UP	
24-09-2024	Tuesday	IR	Central Asia	Tuesday	Uttar Pradesh GS	Formation of UP Executive & Legislature of UP	
25-09-2024	Wednesday	IR	India- Africa	Wednesday	Uttar Pradesh GS	Judiciary of UP Local Self Government in UP	
26-09-2024	Thursday	IR	India & World	Thursday	Uttar Pradesh GS	District Profile in UP L-1,2,3	
27-09-2024	Friday	IR	Soft, Hard & Smart Power	Friday	Uttar Pradesh GS	Government Schemes L-1 & 2	
28-09-2024	Saturday	IR	International Organizations	Saturday	Uttar Pradesh GS	Fairs, Festivals, Music & Dance in UP	
29-09-2024	Sunday		-	Sunday	Uttar Pradesh GS	Language, Literature, Paintings, Crafts in UP	
30-09-2024	Monday	IR	International Organizations	Monday	Uttar Pradesh GS	UP State Budget 2024-25	
01-10-2024	Tuesday			Tuesday	Uttar Pradesh GS	Miscellaneous	
02-10-2024	Wednesday	BREAK FOR REVISION					
03-10-2024	Thursday						
04-10-2024	Friday						
05-10-2024	Saturday						
06-10-2024	Sunday						Mini Test-1
07-10-2024	Monday						Mini Test-2
08-10-2024	Tuesday						Mini Test-3
09-10-2024	Wednesday						Mini Test-4
10-10-2024	Thursday						Mini Test-5
11-10-2024	Friday						Mini Test-6
12-10-2024	Saturday	Mini Test-7					
13-10-2024	Sunday	Mini Test-8					
14-10-2024	Monday	Mini Test-9					
15-10-2024	Tuesday	Mini Test-10					
16-10-2024	Wednesday	FLT-1					
17-10-2024	Thursday	FLT-2					
18-10-2024	Friday	FLT-3					
19-10-2024	Saturday	FLT-4					
20-10-2024	Sunday	FLT-5					
21-10-2024	Monday	FLT-6					
22-10-2024	Tuesday	FLT-7					
23-10-2024	Wednesday	FLT-8					
24-10-2024	Thursday	FLT-9					
25-10-2024	Friday	FLT-10					