



Socio One - Live Foundation Course 2026

Class Timings - 9 AM Every Saturday or Sunday

Topic	Date
Introduction to the Course	
Paper - 1	
1. Sociology - The Discipline:	
(a) Modernity and social changes in Europe and emergence of sociology.	12-April-2025 13-April-2025
(b) Scope of the subject and comparison with other social sciences.	
(c) Sociology and common sense.	
2 Questions for Answer Writing and Evaluation	14-Apr-2025
2. Sociology as Science:	
(a) Science, scientific method and critique.	19-April-2025 20-April-2025
(b) Major theoretical strands of research methodology.	
(c) Positivism and its critique.	
(d) Fact value and objectivity.	
(e) Non- positivist methodologies.	
2 Questions for Answer Writing and Evaluation	21-Apr-25
3. Research Methods and Analysis:	
(a) Qualitative and quantitative methods.	26-April-2025 27-April-2025
(b) Techniques of data collection.	
(c) Variables, sampling, hypothesis, reliability and validity.	
2 Questions for Answer Writing and Evaluation	28-Apr-25
4. Sociological Thinkers:	
(a) Karl Marx- Historical materialism, mode of production, alienation, class struggle.	3-May-2025
(b) Emile Durkheim- Division of labour, social fact, suicide, religion and society.	4-May-2025
2 Questions for Answer Writing and Evaluation	5-May-2025
(c) Max Weber- Social action, ideal types, authority, bureaucracy, protestant ethic and the spirit of capitalism.	10-May-2025 11-May-2025
(d) Talcott Parsons- Social system, pattern variables.	
2 Questions for Answer Writing and Evaluation	12-May-25
(d) Talcott Parsons- Social system, pattern variables.	17-May-2025 18-May-2025
(e) Robert K. Merton- Latent and manifest functions, conformity and deviance, reference groups.	
(f) Mead - Self and identity.	

2 Questions for Answer Writing and Evaluation	19-May-2025
5. Stratification and Mobility:	
(a) Concepts- equality, inequality, hierarchy, exclusion, poverty and deprivation.	24-May-2025 25-May-2025
(b) Theories of social stratification- Structural functionalist theory, Marxist theory, Weberian theory.	
NO TEST	
(c) Dimensions-Social stratification of class, statusgroups, gender,ethnicity andrace.	31-May-2025 1-June-2025
(d) Social mobility- open and closed systems, types of mobility, sources and causes of mobility.	
2 Questions for Answer Writing and Evaluation	2-Jun-2025
Half-Length Test-1 (10 Questions Test)	9-Jun-2025
ONE WEEK'S BREAK	
6. Works and Economic Life:	
(a) Social organization of work in different types of society- slave society, feudal society, industrial /capitalist society.	14-June-2025 15-June-2025
(b) Formal and informal organization of work.	
(c) Labour and society.	
2 Questions for Answer Writing and Evaluation	16-Jun-2025
7. Politics and Society:	
(a) Sociological theories of power.	21-June-2025 22-June-2025
(b) Power elite, bureaucracy, pressure groups, and political parties.	
NO TEST	
(c) Nation, state, citizenship, democracy, civil society, ideology.	28-June-2025 29-June-2025
(d) Protest, agitation, social movements, collective action, revolution	
2 Questions for Answer Writing and Evaluation	30-Jun-2025
8. Religion and Society:	
(a) Sociological theories of religion.	5-July-2025 6-July-2025
(b) Types of religious practices: animism, monism, pluralism, sects, cults.	
(c) Religion in modern society: religion and science, secularization, religious revivalism, fundamentalism.	
2 Questions for Answer Writing and Evaluation	7-Jul-2025
9. Systems of Kinship:	
(a) Family, household, marriage.	12-July-2025 13-July-2025
(b) Types and forms of family.	
(c) Lineage and descent.	
(d) Patriarchy and sexual division of labour.	
(e) Contemporary trends.	
2 Questions for Answer Writing and Evaluation	14-Jul-2025

10. Social Change in Modern Society:		
(a) Sociological theories of social change.	19-July-2025 20-July-2025	
(b) Development and dependency.		
(c) Agents of social change.		
(d) Education and social change.		
(e) Science, technology and social change.		
2 Questions for Answer Writing and Evaluation	21-Jul-2025	
Half-Length Test-2 (10 Questions Test)	28-Jul-2025	
ONE WEEK'S BREAK		
Paper - 2		
Introduction to Paper - 2	2-Aug-2025	
A. Introducing Indian Society:		
(i) Perspectives on the study of Indian society:		
(a) Indology (GS. Ghurye)	2-August-2025 3-August-2025	
(b) Structural functionalism (M N Srinivas)		
(c) Marxist sociology (A R Desai)		
(ii) Impact of colonial rule on Indian society:		
(a) Social background of Indian nationalism.		
(b) Modernization of Indian tradition.		
(c) Protests and movements during the colonial period.		
(d) Social reforms.		
2 Questions for Answer Writing and Evaluation	4-Aug-2025	
B. Social Structure:		
(i) Rural and Agrarian Social Structure:		
(a) The idea of Indian village and village studies.	9-August-2025 10-August-2025	
(b) Agrarian social structure - evolution of land tenure system, land reforms.		
(ii) Caste System:		
(a) Perspectives on the study of caste systems: GS Ghurye, M N Srinivas, Louis Dumont, Andre Beteille.		
(b) Features of caste system.		
(c) Untouchability - forms and perspectives.		
2 Questions for Answer Writing and Evaluation	11-Aug-2025	
(iii) Tribal communities in India:		
(a) Definitional problems.	16-August-2025 17-August-2025	
(b) Geographical spread.		
(c) Colonial policies and tribes.		
(d) Issues of integration and autonomy.		
(iv) Social Classes in India:		

(a) Agrarian class structure.	
(b) Industrial class structure.	
(c) Middle classes in India.	
2 Questions for Answer Writing and Evaluation	18-Aug-2025
(v) Systems of Kinship in India:	
(a) Lineage and descent in India.	
(b) Types of kinship systems.	
(c) Family and marriage in India.	
(d) Household dimensions of the family.	
(e) Patriarchy, entitlements and sexual division of labour.	
(vi) Religion and Society:	
(a) Religious communities in India.	
(b) Problems of religious minorities.	
2 Questions for Answer Writing and Evaluation	23-August-2025 24-August-2025
Half-Length Test-3	1-Sep-2025
ONE WEEK'S BREAK	
C. Social Changes in India:	
(i) Visions of Social Change in India:	
(a) Idea of development planning and mixed economy.	
(b) Constitution, law and social change.	
(c) Education and social change.	
(ii) Rural and Agrarian transformation in India:	
(a) Programmes of rural development, Community Development Programme, cooperatives, poverty alleviation schemes.	
(b) Green revolution and social change.	
(c) Changing modes of production in Indian agriculture .	
(d) Problems of rural labour, bondage, migration.	
2 Questions for Answer Writing and Evaluation	6-September-2025 7-September-2025
(iii) Industrialization and Urbanisation in India:	
(a) Evolution of modern industry in India.	
(b) Growth of urban settlements in India.	
(c) Working class: structure, growth, class mobilization.	
(d) Informal sector, child labour.	
(e) Slums and deprivation in urban areas.	
2 Questions for Answer Writing and Evaluation	13-September-2025 14-September-2025
(iv) Politics and Society:	
(a) Nation, democracy and citizenship.	
(b) Political parties, pressure groups , social and political elite.	
(c) Regionalism and decentralization of power.	
(d) Secularization	20-September-2025 21-September-2025

2 Questions for Answer Writing and Evaluation	22-Sep-2025
(v) Social Movements in Modern India:	
(a) Peasants and farmers movements.	27-September-2025 28-September-2025
(b) Women's movement.	
(c) Backward classes & Dalit movement.	
(d) Environmental movements.	
(e) Ethnicity and Identity movements.	
2 Questions for Answer Writing and Evaluation	29-Sep-2025
(vi) Population Dynamics:	
(a) Population size, growth, composition and distribution.	4-October-2025 5-October-2025
(b) Components of population growth: birth, death, migration.	
(c) Population policy and family planning.	
(d) Emerging issues: ageing, sex ratios, child and infant mortality, reproductive health.	
2 Questions for Answer Writing and Evaluation	6-Oct-2025
(vii) Challenges of Social Transformation:	
(a) Crisis of development: displacement, environmental problems and sustainability.	11-October-2025 12-October-2025
(b) Poverty, deprivation and inequalities.	
(c) Violence against women.	
(d) Caste conflicts.	
(e) Ethnic conflicts, communalism, religious revivalism.	
(f) Illiteracy and disparities in education.	
2 Questions for Answer Writing and Evaluation	13-Oct-2025
Half-Length Test-4	20-Oct-2025
Full Length Test-1	27-Oct-2025
Full Length Test-2	3-Nov-2025
<p>1. The last date for test submission is September 20, 2026.</p> <p>2. Students can attempt the tests at their own pace, but it is advised to attempt them along with the schedule.</p> <p>3. All the tests can be attempted only once</p>	