

General Studies

For UPSC 2026

Be Ready to Be the Next UPSC Topper



Komal Punia Rank 6 CSE 2024



Animesh Pradhan Rank 2 CSE 2023



Medha Anand Rank 13 CSE 2023



Kshitij Aditya Sharma, Rank 58 CSE 2024



Ria Kaur Sethi Rank 89 CSE 2024

Subject-Wise Study Planner &

Progress Tracker





Ancient History				
Sr. No.	Topics	Sub-Topics	Task Status	
		Sources of Pre History		
		Periodization of Indian Pre History		
		Stone Age		
	D W	Palaeolithic (2 million BC - 10,000 BC)		
Day - 1	Pre Historic Cultures in India	Mesolithic (10,000 BC - 8,000 BC)		
		Neolithic (8000 BC - 4000 BC)		
		Chalcolithic Age (4000 BC - 1500 BC)		
		Iron Age (1500 BC-200 BC)		
		Impact of Iron		
		Neolithic Phase		
Day - 2	Pastoral & Farming	Chalcolithic Phase		
Day - Z	Communities	Early Iron Phase		
		Geographical Distribution and Characteristics		
	Indus Valley Civilization	Harappan civilisation or Indus Valley Civilisation		
		Major Cities Town Planning		
		Harappan Internal & Foreign Trade		
		Agriculture		
		Domestication of animals		
		Crafts		
Day - 3		Weights and Measures		
Day 5		Script and Language		
		Harappan Society		
		Harappan Religion		
		Harappan Economy		
		Harappan Burial System		
		Harappan Art & Architecture		
		Decline of Harappan Culture		
Day - 4	Vedic Society	Original Home of Aryans		
Day - 4	· cuic obelety	Features of Aryan Culture		

Sleep Awakeni	y Classes IAS ng Toppers	T.me/Sl	eepy Classes
		Vedic Texts & Upanishad	
		Sources for Reconstructing Vedic Society and Culture	
		Geography of the Rig Vedic Period & Geography of the later Vedic Phases	
		Economic Conditions	
		Political Organisation and Evolution of Monarchy	
		Social Organisation and Varna System	
		Religion and thought	
		Age of 2nd Urbanisation	
		Formation of states	
		The Sixteen Mahajanapadas	
		Gana Sangha or Republics	
Day - 5	Pre Mauryan-Period	Rise of urban centres	
		Evolution of Coins	
		Haryanka dynasty	
		Shishunaga dynasty	
		Nanda dynasty	
Day - 6	Growth of Janism &	Jainism	
Duy 0	Buddhism	Buddhism	
		Chandragupta and Bindusara	
		The Arthasastra	
		Megasthenes	
		Ashoka and His Successors	
Day - 7	The Mauryan Empire	Ashoka's Inscriptions and Sites	
J	, ,	Ashoka'a Dhamma	
		Mauryan Administration, Economy, Society and Art	
		Decline of Maurya	
		Cultural History during the Maurya Age	
Day - 8	Post-Mauryan India (BC 200-AD 300)	Arrival of Indo-Greeks, Shakas, Parthians & Kushana	
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Awaken	ing Toppers	T.me/Sl	eepy Classes
		Commercial Contacts with the Outside World	
		Satavahanas and Other Indigenous Dynasties	
		Society: Evolution of Jatis	
		Sangam Texts-and Society	
		Schools of Art: Gandhara; Mathura; Amravati	
		Sources of Gupta Rule	
		Political history of Guptas	
		Fa-hien Arrival	
		Gupta Administration	
Day - 9	Imperial Guptas	Development of Art & Culture	
		Gupta Empire: Period of Golden Age	
		Economic Conditions	
		Urban centres in Gupta period	
		Societal changes during Gupta Period	
		Sources for Harsha's Period	
	Harshavardana	Early life of Harsha	
		Harsha's Administration	
		Important Officials of the empire	
		Economy under Harsha	
		Huen Tsang Arrival	
		Society	
		Religion	
Day - 10		Propagation of Buddhism abroad	
		India's contacts with Roman empire	
		Trade and Chinese silk route	
	India's Contacts with Rest of Asia	Reign of Kanishka	
		Spread of Indian culture to SE Asia	
		Sangam Period (South Indian Dynasties)	
		Sangam Literature	
		South Indian Dynasties	
		Cholas	

Sleepy Classes IRS Awakening Toppers	T.me/Sl	eepy Classe
	Cheras	
	Pandyas	
	Sangam Polity, Society and Culture	
	Economy of Sangam Period	
	Foreign Dynasties	
	Commercial Contacts with the Outside World	
	Schools of Art	





		Medieval History	
Sr. No.	Topics	Sub-Topics	Task Status
		The Pratiharas (8th to 10th Century)	
Day - 1	Major Dynasties (750-1200)	The Palas (8th to 11th Century)	
Day - 1	of Early Medieval India	The Tripartite Conflict	
	Administration Society	The Senas (11th to 12th Century)	
	and Culture Economy and the decline of Trade	The Rajaputas	
	Regional Kingdoms -	Pallavas	
Day - 2	Bengali, Kashmir, Jaunpur	Chalukyas	
	and Cultural History	Rashtrakutas	
		Indian Feudalism	
		Chola Rulers and Political History	
Davi 2		Chola Administration	
Day - 3		Socio-Economic Life	
	Cholas and Other South Indian Kingdoms	Education and Literature	
		The Cheras (9th to 12th Century)	
Day - 4		The Yadavas (12th to 13th Century)	
		Contact with South-East Asia	
	Early Muslim Invasions	The Arab Conquest of Sindh	
		Mahmud of Ghazni	
		Muhammad Ghori	
		Slave Dynasty	
		Khalji Dynasty (1290-1320 AD)	
		Tughlaq Dynasty (1320-1414 AD)	
Day - 5	The Delhi Sultanate (1206- 1526 AD)	Provincial Kingdoms and Resistance by Indian Chiefs	
		Sayyid Dynasty	
		Lodi Dynasty	
		Attacks by Mongols and other Turks	
		Administration	
		Economy	
		Urbanization	

Awaken	ing Toppers	T.me/Sl	eepy Classes
		Society and Culture	
		Scientific Knowledge and legal System	
		Challenges leading to the decline of the Sultanate	
		Sources	
		Political History	
		Administration	
Day - 6	Vijayanagar Empire	Social and Cultural Life	
		Economic Condition	
		Conflicts with the Bahmani Kingdom	
		Travellers of the Period 1200 AD to 1600 AD	
		The Timurids	
	Central Asian Politics and	The Timurid-Uzbek	
	the Advance of Babur towards India	Uzbek-Iran Conflict and Babur	
		Babur's Advance towards India	
Day - 7		Struggle between Ibrahim Lodi and Babur, the Battle of Panipat	
	Struggle for Empire in	Babur's problems after the Battle of Panipat	
	NorthIndia (Afghans,	Struggle with Rana Sanga	
	Rajputs and Mughals)	Problems of the Eastern Areas and the Afghans	
		Babur's Contribution and Significance of his Advent into India	
		Humayun and the Afghans	
	Struggle for Empire in	Early Activities of Humayun, and the Tussle with Bahadur Shah	
	North India	The Gujarat Campaign	
Day - 8		The Bengal Campaign, and Struggle with Sher Khan	
		The Surs dynasty	
	The Establishment of the North Indian Empire	Sher Shah's Early Life	
		Social and Political Background of Bihar and the Rise of Sher Shah to Power.	
		The Sur Empire (1540-56)	
		Contributions of Sher Shah	

Awakeni	y Classes IRS ng Toppers	T.me/Sl	eepy Classes
		Conflict with the Afghans - Hemu	
		Struggle with the Nobility	
		Regency; Revolt of Uzbek Nobles	
	Consolidation and Expansion of the Empire -	Early Expansion of the Empire (1560-76) - Malwa, Garh-Katanga, Rajasthan, Gujarat, Eastern India	
	Akbar	Relations with the Rajputs - Growth of a Composite Ruling Class	
Day - 9		Rebellions, and Further Expansion of the Empire in the North West	
		Akbar's Concept of Suzerainty	
		Structure of Government, Central and Provincial - the Vikalat, the Central Ministries, Provincial Ministries	
	State and Government under Akbar	Government, District and Local Government	
	4.1.4. 02 2 2.1.0 4.2	The Working of Government - the Ruler, Land- Revenue System, the Dahsala System, the Mansabdari	
		System and the Army	
	Akbar's Religious Views	Relations with the Ulama and Social Reforms	
		The Early Phase (1556-73)	
		The Second Phase (1573-80) - the Ibadat Khana	
Day - 10		Debates - the Mahzar - Breach with Orthodox	
229 20		Ulama - Re-organisation of Madadd-iMaash Grants	
		Third or Final Phase - Din-i-Ilahi State	
		Policies & Religious Toleration	
		The Deccani States upto 1595	
Day - 11		Mughal Advance towards the Deccan	
	The Deccan and the Mughals (Upto 1657)	Mughal Conquest of Berar, Khandesh and Parts of Ahmadnagar	
		Rise of Malik Ambar, and Frustration of Mughal Attempt at Consolidation (1601-27)	
		Extinction of Ahmadnagar, Acceptance of Mughal	
		Suzerainty by Bijapur and Golconda	

Shah Jahan and the Deccan (1636-57) Cultural Contribution of the Deccani States	Awakeni	ng Toppers	T.me/Sl	eepy Classes
Akbar and the Uzbeks			Shah Jahan and the Deccan (1636-57)	
The Question of Qandahar and Relations with Iran			Cultural Contribution of the Deccani States	
Poreign Policy of the Mughals Shah Jahan's Balkh Campaign Mughal - Persian Relations - the Last Phase Jahangir's Accession - his Early Difficulties Territorial Consolidation and Expansion of the Empire - Mewar, East India and Kangra Nur Jahan, and the Nur Jahan 'Junta' The Rebellions of Shah Jahan, and the coup de main of Mahabat Khan Jahangir as a Ruler State and Religion in the First Half of the Seventeenth Century Shah Jahan - Consolidation and Expansion of the Empire Evolution of the Mughal Ruling Class and the Mansabdari System War of Succession Religious Policy: First Phase (1658-79) Reforms and Puritanical Measures Territorial Consolidation and Expansion of Empire - North India Popular Revolts - Jats, Satnamis, Afghans and Sikhs Breach with Marwar and Mewar Rise of the Marathas - Early reign of Shivaji Treaty of Purandar - the Agra Visit Shivaji's Swarajva - Administration and			Akbar and the Uzbeks	
Shah Jahan's Balkh Campaign		•		
Jahangir's Accession - his Early Difficulties		Winghais	Shah Jahan's Balkh Campaign	
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Aurangzeb - Religious Policies, North India and the Rajputs Temples, Jizyah; Second Phase (1679-1707) Territorial Consolidation and Expansion of Empire - North India Popular Revolts - Jats, Satnamis, Afghans and Sikhs Breach with Marwar and Mewar Climax and Crisis of the Mughal Empire the Marathas and the Doccar Shivaji's Swarajya - Administration and		Policies, North India and	Religious Policy: First Phase (1658-79)	
Policies, North India and the Rajputs Territorial Consolidation and Expansion of Empire - North India Popular Revolts - Jats, Satnamis, Afghans and Sikhs Breach with Marwar and Mewar Climax and Crisis of the Mughal Empire the Marathas and the Decean Shivaji's Swarajya - Administration and			Reforms and Puritanical Measures	
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Climax and Crisis of the Mughal Empire the Marathas and the Deccan Shivaji's Swarajya - Administration and			Breach with Marwar and Mewar	
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Marathas and the Doccan Shivaji's Swarajya - Administration and			Treaty of Purandar - the Agra Visit	
Achievements				

Awaken	OY Classes IRS ing Toppers	₹ T.me/Sl	eepy Classes
		Aurangzeb and the Deccani States (1658-87)	
		Marathas and the Decean (1687-1707)	
		Assessment of Aurangzeb and the Jagirdari Crisis	
		Rural Society	
		Towns and Town Life	
		Artisans and Master-Craftsmen	
		Women	
Day - 14	Society-Structure and Growth	Servants and Slaves	
	Grown	Standard of Living	
		The Ruling Classes - Nobility, Rural Gentry	
		The Middle Strata	
		The Commercial Classes	
		Inland Trade	
		Overseas Trade - Role of Foreign Trading	
	Economic Life-Patterns and Prospects	Companies - Position of Indian Merchants over- Land Trade	
	una Prospecto	The Mughal State and Commerce	
Day - 15		Trend of India's Economy and Prospects during the First Half of the Eighteenth Century	
		Religion-Hindu Religion, Sikh Religion, Islam	
	Religion, Fine Arts, Science and Technology	Fine Arts - Architecture, Painting, Language and Literature, Music	
		Science and Technology	
		Bahadur Shah I, and the Beginning of the Struggle	
		For Wizarat - Rajput Affairs -Marathas and the Deccan Accentuation of the Party Struggle	
Day - 16	Northern India in the First Half of the Eighteenth	Struggle for 'New' Wizarat: Zulfiqar Khan and Jahandar Shah (1712-13)	
	Century	The Sayyid Brothers' Struggle for 'New' Wizarat	
		The Sayyid 'New' Wizarat	
		The Wizarat of M. Amin Khan and Nizam-ul- Mulk	





Sr. No. Day - 1	Topics	Sub-Topics Scenario before 1857 Later Mughals & their Decline	Task Status
Day - 1			
Day - 1		Later Muchale & their Decline	
Day - 1		Later Mughais & their Decime	
		Regional powers in 18 th Century	
		Advent of Europeans in India	
		The British conquest of India	
Day - 2	Modern History	Carnatic Wars	
		Battle of Plassey & Buxar	
		Anglo-Mysore War	
Day - 3		Anglo Punjab War	
Day - 3		British Administration before 1857	
		British Economic Policy	
		Causes for revolt of 1857	
		Leaders of revolt of 1857	
Day - 4	Revolt of 1857	Suppression of revolt of 1857	
		Nature of revolt of 1857	
		Consequences of Revolt of 1857	
Day - 5		Pre-Congress Organizations	
Day - 3		Indian National Movement (1858-1905)	
	Early Nationalism	Early Nationalists and Eskender Movement	
Day - 6		Government of India Act 1909	
		Home rule league movement	
		Montague's statement - Aug 1917	
Day - 7		Emergence of Gandhi - as a mass leader	
	The struggle for Swaraj	Khilafat & Non-Cooperation Movement (NCM)	
		Swaraj Party	
Day - 8		Revolutionary Terrorism Phase II (1920's)	
		Simon Commission and Nehru Report	
Day - 9	March towards Freedom	Civil Disobedience Movement	
Day 29	March towards Freedom	Round Table Conference	

Awaken	ing Toppers	T.me/Sl	eepy Classes
		Poona Pact	
		Government of India Act 1935	
Day - 10		Formation of Congress Ministries	
		Tripuri Session - 1939	
		August Offer	
		Individual Satyagarha 1940-41	
Day 11	Towards Achievement of	Popular struggles in the princely states	
Day - 11	Freedom	2nd World War and Nationalist response	
		Rise of Communalism	
Day - 12	Partition of India	Wavell Plan	
Day - 12	Tartition of mula	Cabinet Mission Plan	
		Mountbatten Plan	
		Indian Renaissance/Socio-Religious Movement	
Day - 13		Civil Rebellions during British	
Day - 13		Tribal Movements during British Period	
		Peasant's Movement during British Period	
		Working Class Movement (1850-1900)	
		Growth of communalism	
Day - 14	Trends during freedom struggle	Left and Communist trends in National Movement	
	suuggie	Press and Education during British Period	
		Role of Women in Freedom Struggle	
		Governor Generals of India	
Day - 15		Viceroys of India	
		Important Persons	
		Important Newspaper/Journals	
		Congress Sessions	
	Post	Independence Consolidation	
Day - 16	Re-organisation &	Constitutional provisions related to State formation	
	Integration of states	Factors that lead to the merger of States	
		Accession of the princely states	

Awaken	ing Toppers	T.me/Sl	eepy Classes
		Problems with J&K, Hyderabad and Junagarh	
		Accession of States under France and Portuguese	
		Accession of Sikkim	
		Rehabilitation of the Refugees	
Day - 17		Federal crisis	
Duy 17		Regional aspirations, insurgencies and areas of tension	
		Accommodation and national integration	
	T D 1	Constitutional position and language policy	
Day - 18	Linguistic Regionalism in India	Language and regionalism	
	111414	Recent controversy due to rise of Hindi language	
	Tribal Issue and Policy	Tribal Issues & Present Status	
	Consolidation	Tribal Policy consolidation	
		Caste practices in India	
Day - 19		Ambedkar Movement	
Duy 13	Problem of Caste and	Constitutional provisions	
	Social Consolidation	Recent government initiatives for emancipation of Scheduled Castes	
		Issues of Manual Scavenging	
		Secularism	
	Communalism & Social	Causes of Communalism in India	
Day - 20	Consolidation	Consequences of the communalism and social consolidation	
	Issue of Linguistic	Operational Inefficiency	
	Minorities	Government initiatives	
Day - 21	Overview of Economic Development Since Independence	Planning in India	
		Journey through Five Year Plans	
		Land Reforms	
	Agriculture	Post Green Revolution Agricultural	
		Issues	
		Agrarian Movements	

Sleep	y Classes IRS ing Toppers	T.me/Sl	eepy Classes
		Achievements in Agriculture since Independence	
		Recent Challenges	
		Industrial development since independence	
		Public sector since independence	
	Industry	Sectoral Development	
Day - 22	mustry	Private Sector since Independence	
		Industrial Policy since Independence	
		Make in India	
	New Economic Policy	Impact of New Economic Policy	
		India's Policy in the Field of Science and	
	Post-Independence Policy	Technology	
		Institutional Framework for Science and	
		Technology Development	
Day - 23	of Science and Technology	Science and Technology in Pre- Reform Period	
	or science and recimology	Impact of Economic Reform on the Science and	
		Technology in India	_
		New Policy Initiatives in the S&T	
		Agenda of the Skill Training	





		Art & Culture	
Sr. No.	Topics	Sub-Topics	Task Status
Day - 1		Sculptural Art in India	
Day - 1		Sculptures of Harappan Civilisation	
		Sculptures of Mauryan Age	
Day - 2		Post-Mauryan Period Sculptures	
Day - 2		Jain Sculptures	
		Buddhist Sculpture	
		Gupta Sculpture	
Day 2		Medieval School of Sculpture	
Day - 3		Modern Indian Sculpture	
		Architecture in Ancient India	
		Harappan Period Architecture	
		Mauryan Architecture	
	Indian Culture	Post-Mauryan Period & Gupta Period Architecture	
		Temples of Khajuraho	
		Temples of Odisha	
Day - 4		Temples of Gwalior	
		Temples of Gujarat	
		Temples of Rajasthan	
		Temples of Bengal	
		Temples of Assam	
		Temples of Himachal Pradesh	
		Temples of Jammu and Kashmir	
		Pallava Period Architecture	
		Chola Period Architecture	
Day - 5		Pandya Temples	
Day - 5		Vijaynagar Period Architecture	
		Nayaka Temples	
		Temples of Kerala	

		Vesara Style Temple	
		Hoysala Style	
		Rashtrakuta Period Architecture	
		Imperial Style Delhi Sultanate	
		Provincial Style	
D (Mughal Style	
Day - 6		Sikh Style of Architecture	
		Rajput Architecture	
		Modern Architecture	
		European Influence	
		Indo-Saracenic Architecture	
		Post-Independence Period	
		Tradition of Mural Paintings in India	
	Indian Paintings	Tradition of Miniature Paintings in India	
		Paintings in the Deccan	
		Rajput School of Painting	
Day - 7		Pahari School of Painting	
		Miniature Painting in South India	
		Regional Paintings	
		Modern Paintings	
		Contemporary Paintings	
		Ochre Coloured Pottery (OCP)	
		Black and Red Ware (BRW)	
	Pottery Tradition in India	Painted Grey Ware (PGW)	
		Northern Black Polished Ware (NBPW)	
Day - 8		Glazed and Unglazed Pottery	
		Main Pillars of Indian Music	
	Music In India	Forms of Indian Music	
	music in mula	Musical Instruments	
		Institutions Related to Music	

Sleepy Classes IRS Awakening Toppers		T.me	'Sleepy Classes
		Concept of Dance in India	
		Concept of Ashta Nayika	
	Dances In India	Eight Classical Dance Forms in India	
Day - 9		Folk Dances	
		Modern Dances	
	Martial Arts In India	Genesis of Martial Arts	
	Widitial Arts III IIIula	Forms of Traditional Martial Arts	
		Classical Sanskrit Theatre	
	Indian Theatre	Regional Theatre	
	mulan meane	Modern Theatre	
		Renaissance of Indian Theatre	
Day - 10	Indian Puppetry	String Puppets	
Day - 10		Shadow Puppets	
		Rod Puppets	
		Glove puppets	
		Modern Puppetry	
		Tribal Puppetry	
•	Indian Cinema	Cinema in India	
		History of Indian Cinema	
		Classification of Indian Cinema Film	
		Pre-Vedic Religon	
		Hinduism	
		Buddhism	
Day - 11		Jainism	
	Religions In India	Sikhism	
	Rengions in main	Islam	
		Christianity	
		Zoroastrianism	
		Judaism	
		Philosophy in India	

Awaken	ing Toppers	T.me/S	leepy Classes
		Bhakti Movement	
		Vaishnava Acharyas: Metaphysical Foundation	
Day - 12	Bhakti & Sufi Movements	Other Saints of Bhakti Movement	
		Maharashtra Dharma	
		Sufism	
		Sanskrit Literature	
		Pali Literature	
		Prakrit Literature	
		Tamil Literature	
		Telugu Literature	
		Malayalam Literature	
		Kannada Literature	
	Languages & Literature in India	Odia Literature	
Day - 13		Assamese Literature	
		Bengali Literature	
		Gujarati Literature	
		Rajasthani Literature	
		Punjabi Literature	
		Marathi Literatur	
		Hindi Literature	
		Persian Literature	
		Urdu Literature	
		Indian Handicrafts	
		Indian Universities	
		Personalities Related to Culture	
		Places of Cultural Interest	
Day - 14	Miscellaneous Topics	Fairs and Festivals in India	
		Cultural Institutions in India	
		Awards and Honours Associated with Culture	
		The Calendar	
		The Eras	

Sleepy Classes IRS Awakening Toppers		T.me/Sleepy Classes	
		Science and Technology in Ancient India	
		UNESCO's List of Cultural Heritage in India	
		Legal Provisions Related to the Protection and Promotion of Indian Culture and Heritage	
		Contemporary Issues	
		Coinage of India	
		The Legacy of Devadasi Tradition	
		Aadi Mahotsav &Empowerment of Tribal Communities	
		Preserving India's Cultural Heritage	
D. 45	To Pan Ad II office	The City of Dwarka and Indian Ancient Maritime Heritage	
Day - 15	Indian Art Heritage	Rich Tradition of Indian Miniature Painting.	
		Nataraja statue: sengol	
		Bronze art tradition from Indus valley to medieval times.	
		Socio-Cutural Patterns and Practices of Pre- Historic age- Paintings and Potteries.	
		Seals of Indus Valley	
	Architecture	Indian Temple Architecture-Enduring Legacy of cultural heritage and architectural magnificence	
		Regional Styles of architecture Contribution of Rajput's, Kashmir, Bengal, Kalinga styles etc.	
Day - 16		Indo-Islamic architecture-The marvel of Medieval India 12AD-17 th AD	
		Revamped 'Adopt a Heritahe 2.0' Programme	
		National Mission for Cultural Mapping	
		JATAN: Virtual Museum Builder	
		Indian Antiquities	
		Panamalai paintings (Tamil Nadu)	
Day 17	Painting And Other Forms	Cheriyal Scroll Painting	
Day - 17	of Art	Mewar school of Painting	
		Gilgit Manuscripts	

Sleep	y Classes IRS ing Toppers	T.me/Sl	eepy Classes
		Ol Chiki Script	
		Phanigiri artefacts	
		Vajra Mushti Kalaga	
		Bagh print	
		Inscription and Coin as source of History and Cultural Significance	
		Garba	
		Cham Lama Dance	
		Kolkali Dance	
		Pulikali Dance(Tiger Dance)	
		Adi Shankaracharya & his Philosphy	
		Upnishads- Highest Point of Indian philosophical thoughts	
	Religion And Philosophy	Rise of heterodox Sects- Buddhism, Jainism and Ajivikas	
Day - 18		New elements, Cults and Tantrism	
		Bhakti Movement and Saints	
		Brahmo Samaj	
		Ramakrishna Mission	
		Socio-Religious Reform Movements in 19th Century	
	History Through Eyes Of Travellers	Ayodhya's historical narratives	
		Chinese Pilgrim Travellers to India	
		Arab Travelers and Cultural Encounters	
		Keeladi Excavation	
Day - 19		Juna Khatiya site	
		Chebrolu	
	Historical Citas/Dlagos	Menhirs	
	Historical Sites/Places	Thoppikkallu or Hat stones	
		Sundargarh Natural Arch	
		Sisupalgarh	
		Chandraketugarh	
_			

Sleep	DY Classes IRS ing Toppers	T.me/S	leepy Classes
		Old Fort	
		Kuli Language	
	Important Cultural Issues/ Themes in News	Military Systems in Ancient India	
	Themes in items	Indentured Labourers	
		Rabindranath Tagore	
		Mihir Bhoja	
		Rani Durgavati	
		Chhatrapati Shivaji Maharaj	
		Sir Syed Ahmed Khan	
		Maharishi Dayanand Saraswati	
		Sri Aurobindo Ghosh	
		Bhagwan Birsa Munda	
Day - 20	Important Personalities in News	Sri Alluri Sitarama Raju	
		Kazi Nazrul Islam	
		Raja Ravi Varma	
		Srimanta Sankaradeva	
		Ahilyabai Holkar (1725-1795)	
		Sree Narayan Guru 1856-1928)	
		Sachchidananda sinha (1871-1950)	
		Swami sahajanand saraswati	
		Malati Mem (aka Mangri Orang)	
		Rukmini Lakshmipathi (1892-1951)	
		Ashfaqulla Khan (1900-1927)	
		Shri Ramalinga Swamigal	





		World History	
Sr. No.	Topics	Sub-Topics	Task Status
		Disintegration of the Feudal System	
		Renaissance	
Day - 1		Humanism	
		Art and Architecture	
	Beginning Of Modern Age	Literature	
	beginning Of Wodern Age	Science	
		Reformation	
Day - 2		Explorations, Discovery, Trade	
		Colonization - Rise of Nation State	
		The English Revolution	
	French Revolution	Causes	
		The revolution in France	
Day - 3		France under Napoleon	
		Impact of revolution	
		Significance of revolution	
	Nationalism In Europe	Rise of the nation-state system	
Day - 4		Unification of Italy	
		Unification of Germany	
		Colonialism	
Day - 5	Colonialism And Imperialism	The age of Imperialism (1870-1914)	
Day - 3		Imperialism in Asia	
		Analysis of Colonialism	
		Foundation of American Colonies	
		The Independence of United States of America	
Day - 6		The American Revolutionary War	
	Emergence Of Usa	What was the impact of American Revolution?	
		Political Effects of the Revolution	
		How did the American Revolution influence the French Revolution?	

Awaken	ing Toppers	T.me/S	leepy Classes
		US Civil War	
D. 7		Impact of Civil War on USA	
Day - 7		Global Impact of US Civil War	
		Impact on India	
		Major causes of the war	
		Course of the war	
Day 9	World War-I	Analysis of major events of the war	
Day - 8	vvoria vvar-i	Consequences of World War I	
		Aftermath of World War I	
		League of Nations	
		Major events in pre-revolution Russia	
	Russian Revolution	Causes	
Day - 9		Course of revolution	
Day - 9		Consequences	
		Aftermath of the war	
		Post-Lenin Russia	
•	Inter-War Years (1919 To 1939)	The Great Depression- an economic perspective	
Day - 10		Rise of Fascism in Italy	
Day - 10		Rise of Nazism in Germany	
		Soviet Union (USSR)	
	World War-II	Foundations of the war	
		Course of the war	
Day - 11		Aftermath of war	
		Analysis of the war	
		Decolonization phase	
Day - 12	Development In Middle	Democratic reforms in Middle East	
	East	Arab nationalism	
		Israel	
		Reasons	
Day - 13	Cold War	Development of Cold War (1945-1953)	
		To what extent was there a thaw after 1953?	





Geography				
Sr. No.	Topics	Sub-Topics	Task Status	
		The origin of the Earth		
		Early Theories		
		Modern Theories - BBT		
		Star Formation		
		Formation of Planets		
		Solar System		
		The Evolution of the Earth		
		Layered Structure (5 layers)		
		Evolution of Lithosphere		
		Evolution of Atmosphere		
Day - 1	Physical Geography	Evolution of Hydrosphere		
	General Geography	Origin of Life		
		Geological History of the Earth		
		Latitude and Longitude including important		
		Parallels and Meridians		
		Motions of the Earth - Rotation, Revolution and their effects		
		Inclination of the Earth's Axis and its effects		
		Local and Standard Time and the International Date Line, Calendar		
		Eclipses - Solar, Lunar		
		Geological Time Scale		
		Interior of the Earth		
		Sources of Information		
		Direct		
Day 2	Physical Geography-	Indirect - Earthquakes, Waves and Magnetic Field		
Day - 2	Geomorphology	Seismic waves		
		Body waves		
		Surface waves		
		Understandery		

Sleepy Classes IAS Awakening Toppers	T.me/Sl	eepy Classes
	Understanding earth's interior with help of seismic waves	
	Internal Structure of earth	
	Crust	
	Lithosphere	
	Mantle	
	Asthenosphere	
	Outer core	
	Inner core	
	Seismic Discontinuities	
	Geology	
	Minerals	
	Major Elements of the Earth's Crust	
	Minerals - Feldspar, Quartz, Pyroxene Amphibole, Mica, Olivine	
	Physical Characteristics-Crystal Form, Cleavage Fracture, Lusture, Color, Streak, Transparency, Structure, Hardness, Specific Gravity	
	Metallic minerals - precious Ferrous, Non-Ferrous	
Day - 3	Non-metallic Minerals - Sulphur, Phosphates, Cement	
	Rocks (Aggregate of Minerals)	
	Petrology	
	Rocks & landforms	
	Rocks & Soils	
	3 Family of Rocks	
	Igneous	
	Sedimentary	
	Metamorphic	
	Rock Cycle	
	Earthquakes	
Day - 4	Waves: P, S, Body & Surface	
	Shadow Zone	

Sleep Awakeni	y Classes IAS ng Toppers	T.me/	Sleepy Classes
	Types of Earthquakes		
		Causes of Earthquake	
		Effects	
		Frequency	
		Locating an Epicentre	
		Distribution of Earthquake	
		Earthquake Observatories	
		Volcano	
		Types	
		Shield	
		Composite	
		Caldera	
		Flood Basalt	
		Mid Ocean Ridge	
		Types of lava	
		Andesitic or Acidic lava	
		Basic or Basaltic lava	
		Intrusive volcanic Landforms	
Day 5		Batholiths	
Day - 5		Lacoliths	
		Lapoliths	
		Phacoliths	
		Sills	
		Dykes	
		Extrusive Volcanic Landforms	
		Geysers and Hot springs	
		Extinct, Dormant and Active volcanoes	
		Distribution of Volcanoes	
		Pacific Ring of Fire	
		Mediterranean volcanism	
		Other regions	

	Effects of Volcanoes Tsunami	
	Mechanism of Tsunami waves	
	Properties of Tsunami waves	
	Effects of Tsunami	
	Geomorphic Processes	
	Earth's Surface	
	Exogenic Forces	
	Endogenic Forces	
Gr	adation, Degradation & Agradation	
	Geomorphic Process	
	Endogenic Process	
Day - 6	Diastrophism	
	Orogenic	
	Epierogenic	
	Earthquakes	
	Plate movements	
	Volcanism	
	Exogenic Forces	
	Denudation Processes	
	Weathering	
	Mass movements	
Er	osion: Transportation & Deposition	
D	istribution of Continents & Oceans	
	Theories	
	Continental Drift Theory	
	Alfred Wegner 1912	
Day - 7	Pangea, Panthalasa	
	Laurasia, Gondwana land	
Evidence	re in support of Continental Drift Theory	
	Jigsaw Fit	

Sleep Awakeni	y Classes IAS ng Toppers	T.me/Si	leepy Classes
		Rocks of same age across oceans	
		Tillite	
		Placer Deposits	
		Distribution of Fossils	
		Forces of Drifting	
		Pole Fleeing Force	
		Tidal Force	
		Post Drift Studies	
		Convectional Current Theory	
		Mapping of the Ocean Floor	
		Continents - plate Tectonics	
		Lithospheric Plates	
		Major Plate	
		Minor Plates	
		Plate Boundaries	
		Divergent	
		Convergent	
		Transform	
		Rates of Plate Movements	
		Force of plate movements	
		Indian Plate	
		Movement from 71 million years ago till today	
		Landforms and their Evolution	
		Causes	
		Geomorphic Processes	
		Agents	
Day - 8		Geomorphic Agents	
Day - 0		Erosional	
		Depositional	
		Agents and their Impacts	
		Wind, Running Water, Ground Water, Glaciers, Waves & Currents	
			1

Sleepų Classes IRS Awakening Toppers	T.me/Sl	leepy Classe
	Winds	
	One of the Two dominant agents in Hot deserts	
	Cause - Deflation Abrasion Impact	
	Erosional landforms	
	Pediments and Pediplains	
	Playas	
	Deflation Hollows and Caves	
	Mushroom, Table & Pedestal Rocks	
	Depositional Landforms	
	Barchans	
	Seif	
	Parabolic	
	Transverse	
	Longitudinal	
	Running Water	
	Humid Regions	
	2 Components	
	Overland Flow - Sheet	
	Linear Flow - Strems	
	Stages	
	Youth, Mature, Old	
	Erosional Landforms	
	Valleys	
	Rills	
	Gullies	
	Valleys - V Shape, Gorge (Hard Rocks), Canyon (Sedimentary)	
	Potholes & Plunge pools	
	Incised or entrenched meanders	
	River Terraces - paired & unpaired	
	Depositional Landforms	

Alluvial Fans

Sleepy Classes IRS Awakening Toppers	T.me/Sl	leepy Classe
	Delta	
	Floodplains, Natural Levees, Point Bars	
	Meanders, Slip off bank, Under cut bank	
	Oxbow lake	
	Braided Channels	
	Ground Water (Karst Topography)	
	Permeable Rocks	
	Percolation	
	Bedding Plains	
	Limestone and Dolomite Regions	
	Balkans, Adjacent to Adriatic regions	
	Erosional Landforms	
	Polje, Swallow Hole, Valley Sinks (Uvalas), Sinkholes, Collapse sinks (Dolines), Lapies, Ridges, Limestone Pavements	
	Caves - Altering bed of Rocks (Shale sandstone quartzite), Caves and Tunnels	
	Depositional landforms	
	Stalactites	
	Stalagmites	
	Pillar Columns	
	Glaciers	
	Erosional Landforms	
	Cirque of Tarn Lakes	
	Hors and Serrated Regions - Arete	
	Glacial Valleys/ Troughs - Fiords	
	Depositional Landforms	
	Glacial Tills	
	Moraines	
	Eskers	
	Outwash Planes	
	Drumlins	

Sleepy Classes IRS Awakening Toppers	T.me/Si	leepy Classe
	Waves and Currents	
	High Rocky Coasts & Low Sedimentary Coasts	
	Erosional Landforms	
	Clifs	
	Terraces	
	Caves	
	Stacks	
	Depositional Landforms	
	Beaches and Dunes	
	Bars Barriers Spits	
	Weathering	
	Weather over Earth Materials	
	Factors	
	Geological	
	Climatic	
	Topograhic	
	Vegetative	
	Major Processes	
	Chemical	
	Physical or Mechanical	
Day - 9	Biological	
Duy	Chemical - Forces Chemical Action	
	Solution	
	Carbonation	
	Hydration	
	Oxidation & Reduction	
	Physical Forces Gravitational, Expansion, Water Pressure	
	Unloading & Expansion	
	Temperature changes and Expansion	
	Freezing, Thawing, & Frost Wedging	
	Salt Weathering	

Sleep Awakeni	y Classes IRS ng Toppers	T.me/Sl	eepy Classes
		Biological Weathering	
		Burrowing	
		Wedging	
		Plant Roots	
		Effects of Weathering	
		Exfoliation (Flaking) - Exfoliation Domes, Tors	
		Significance of Weathering	
		Soil Formation	
		Biomes and Biodiversity	
		Leaching/Enrichment	
		Mass Movements	
		Activating causes	
		Forms of movement - Heave Flow Slide	
		3 major Groups - Slow Movement, Rapid Movements, Land Slides	
		Landforms across the world:	
		Rivers and lakes	
		Mountain & Peaks	
		Fold Mountain	
		Block Mountain	
		Volcanic mountains	
		Plateaus	
		Plateau Formation process	
		Plateau Types	
		Dissected plateau	
		Volcanic plateau	
		Economic significance of plateau	
		Major plateau of the world	
		Composition of Atmosphere	
Day 11	Physical Geography -	Gases	
Day - 11	Climatology	Water Vapour	
		Dust Particles	

Sleepy Classes IAS Awakening Toppers	T.me/Sl	eepy Classe
	Structure	
	Exosphere	
	Thermosphere	
	Mesosphere	
	Stratosphere	
	Troposphere	
	Altitude vs Temperature	
	Solar Radiation Heat Balance Temperature	
	Insolation	
	Aphelion and Perihelion	
	Variability of Insolation at the surface of the Earth	
	Day Season Year	
	Rotation on Axis, Angle of Inclination of sun rays, Length of the day	
	Transparency of Atmosphere, configuration of land in terms of its aspect	
	Heat Balance	
	Heating and cooling of atmosphere	
	Conduction	
	Convection	
	Advection	
	Terrestrial Radiation	
	Heat Budget of the Planet Earth	
	Macro Budget	
	Albedo	
	Shortwave Radiation	
	Long wave Earth Radiation	
	Variation in the net Heat Budget at the Earth's Surface	
	Temperature(T)	
	Factors controlling T distribution	

Distribution of T Month of January-July

Sleepy Classes IRS Awakening Toppers	T.me/Sl	eepy Classe
	Range of T Month of January-July	
	Inversion of Temperature	
	Atmospheric Circulation and Weather Systems	
	Atmospheric Pressure	
	Vertical variation of pressure	
	Horizontal distribution of pressure	
	World Distribution of Sea Level Pressure	
	Factors affecting the velocity and direction of the WIND	
	Pressure Gradient Force	
	Frictional Force	
	Coriolis Force	
	Pressure and Wind (Cyclonic & Anticyclone Circulation)	
	General Circulation of the Atmosphere - Pattern of Planetary Winds	
	Latitudinal Variation of Atmospheric Heating	
	Emergence of Pressure Belts	
	Migration of Belts Following apparent Path of Sun	
	Distribution of continents & Oceans	
	Rotation of the Earth	
	Circulation	
	Simplified Global Circulation	
	Hadley Cell, Ferrel Cell, Polar cell	
	Seasonal Wind	
	Local Wind	
	Land and Sea Breezes	
	Mountain and Valley winds	
	AIR MASS	
	Fronts	
	Extra Tropical Cyclone	

Thunderstorms

Sleepy Classes IAS Awakening Toppers	T.me/	Sleepy Classe
	Tornadoes	
	Water in the Atmosphere	
	Water Vapour	
	Precipitation	
	Humidity - Absolute and Relative	
	Saturation - Dew Point	
	Evaporation and Condensation	
	Dew	
	Frost	
	Fog & Mist	
	Clouds	
	Types - Cirrus Cumulus Stratus Nimbus	
	High - Cirrus Cirrostratus Cirrocumulus	
	Middle - Altostratus Altocumulus	
	Low - Stratocumulus Nimbostratus	
	Vertical Development - Cumulus and Cumulonimbus	
	Precipitation	
	Rainfall Snowfall Sleet Hail Hailstones	
	Types of Rainfall	
	Conventional	
	Orographic	
	Cyclonic	
	Frontal	
	Monsoonal	
	World Distribution of Rainfall	
	Tropical Cyclone	
	Conditions required for formation	
	Tropical Cyclone	
	Convective cyclogenesis (Development of Tropical Cyclone)	

Path of Tropical Cyclone

Sleepy Classes IAS Awakening Toppers	T.me/S	leepy Classes
	Damage associated with Cyclone	
	Arabian Sea Cyclone	
	Naming of Tropical Cyclone	
	Early warning system for tropical Cyclone	
	Jet Streams	
	Features of Jet streams	
	Types	
	Permanent	
	Temporary	
	Influence of Jet streams on weather	
	Jet streams and aviation	
	Temperate Cyclones	
	Air masses	
	Fronts	
	Origin and development of Temperate Cyclone	
	Comparison between Tropical and Temperate	
	Cyclone	
Day - 12	Polar Vortex	
Day - 12	Polar vortex details	
	Polar vortex and Ozone depletion	
	El Nino and La Nina	
	ENSO	
	Indian Ocean dipole effect	
	Effect on regional and world climate	
	Effect of these events on Indian Monsoon	
	World Climate	
	The Hot, Wet Equatorial Climate	
	The Tropical Monsoon and Tropical Marine Climates	
	The Savanna or Sudan Climate	
	The Hot Desert and Mid-Latitude	
	Desert Climates	

Sleep Awakeni	y Classes IRS ing Toppers	T.me/Sl	eepy Classes
		The Warm Temperate Western Margin (Mediterranean) Climate	
		The Temperate Continental (Steppe) Climate	
		The Warm Temperate Eastern Margin (China Type) Climate	
		The Cool Temperate Western Margin (British Type) Climate	
		The Cool Temperate Continental (Siberian) Climate	
		The Cool Temperate Eastern Margin (Laurentian) Climate	
		The Arctic or Polar Climate	
		Water on the Surface of the Earth	
		Hydrological Cycle	
		Component	
		Processes	
		Oceans	
		Relief of the Ocean floor	
		4 divisions of the ocean floor	
		Continental Shelf	
		Continental Slope	
	M 110 1	Deep sea plain	
Day - 13	Physical Geography - Oceanography	Oceanic deep and Trenches	
	Secunography	Minor relief features	
		Mid oceanic ridges	
		Seamount	
		Submarine canyons	
		Guy outs	
		Atoll	
		Temperature of the Ocean Water	
		Vertical	
		Spatial	
		Factors affecting Temperature distribution	

Sleepy Classes IRS Awakening Toppers	T.me/Sl	eepy Classes
	Horizontal & Vertical Distribution	
	Thermocline - 3 layers	
	Salinity of the Ocean Water	
	Factors affecting salinity	
	Vertical Distribution of salinity	
	Density of Ocean Waters	
	Movements of ocean Water	
	Factors influencing Movement	
	Motion - Horizontal & Vertical Currents	
	Waves	
	Motion of waves and water molecules	
	Characteristics of Wave	
	Relation between Gravitational Forces and Tides	
	Tidal currents	
	Types of Tides	
	Based on Frequency	
	Based on SME position	
	Importance of Tides	
	Ocean Currents	
	Influenced by 2 forces	
Day - 14	Primary Force that initiates the movement	
	Secondary force that influence the currents to flow	
	Characteristic	
	Types of ocean currents	
	Surface currents & Deep watercurrents based on Depth	
	Cold and Warm Currents based on Temperature	
	Major Ocean currents of the World	
	Effects of Ocean Currents	
	Desert formation and Ocean currents	
	Atlantic Meridional Overturning Circulation	
	Resources from the Ocean	

Sleepy Classes IAS Awakening Toppers		T.me/Sleepy Classes	
		Ocean deposits	
		Terrigenous Deposits	
		Pelagic deposits	
		Mineral resources on deep sea floor	
		Energy resources	
		Biotic resources	
		Deep ocean mission	
		UNCLOS	
		Territorial Waters	
		Contiguous Zone	
		Exclusive Economic Zone	
		High Seas	
		Soil	
		Soil Characteristics	
		Factors Responsible for Soil Formation	
		Stages of Soil Formation	
		Soil Forming Processes	
		Soil Profiles and Horizons	
		Soil Classification	
		Soil Erosion and Conservation	
		Vegetation Resources	
Day - 15	Physical Geography – Biogeography	Types of Natural Vegetation	
	Diogeography	Forests	
		Significance of forests	
		Economic significance	
		Ecological significance	
		Cultural significance	
		Factors of forest development	
		Extent of forest cover	
		Classification of forests	
		Grasslands	

Sleep	y Classes IRS ing Toppers	T.me/S	leepy Classes
		Desert vegetation	
		Tundra Vegetation	
		Economic utilization of forests	
		Deforestation	
		Deforestation in tropical forests	
		Deforestation in temperate forests	
		Rate and extent of deforestation	
		Causes and factors of deforestation: Immediate causes of deforestation	
		Indirect deforestation	
		Underlying causes of deforestation	
		Conservation of forests	
		Forest conservation strategies	
		Reforestation	
		Monoculture plantation	
		Afforestation	
		Types of forestry	
		Social forestry	
		Agro-forestry	
		Miyawaki Method	
		Location	
		Geopolitical Significance of India	
	Physical Geography of	Geological Divisions	
Day - 16	India- Physiography of	The Peninsular Block	
	India	The Himalayas and other Peninsular Mountains	
		Indo-Ganga-Brahmaputra Plain	
		Physiographic Divisions	
		Drainage Patterns	
		Drainage System of India	
Day - 17	Physical Geography of India - Drainage System	Himalayan Drainage System	
Ind	Time Dininge Oystelli	River Systems of Himalayan Drainage	
		Indus river system	

Awaken	ing Toppers	T.me/Sl	eepy Classes
		Ganga River System	
		Brahmaputra river system	
		River Systems of Peninsular Drainage	
		Small Rivers Flowing Towards East and West	
		Factors influencing the climate of India	
		Monsoon	
		Mechanism of the Monsoon	
		Classical Theory	
		Modern theory	
		Air mass theory	
Day: 10	Physical Geography of	Jet stream theory	
Day - 18	India – Climate	EL-NINO and LA-NINA & their impact	
		The rhythm of Seasons	
		The cold weather season	
		The hot weather season	
		The southwest monsoon season	
		The retreating monsoon season	
		Climatic Regions of India	
		Classification of Soils	
	Physical Geography of	Soil textures	
	India - Soils in India	Issue of Soil degradation & Soil Erosion	
Day - 19		Soil Conservation	
Day - 17		Types of Forests in India	
	Physical Geography of	Forest Cover in India	
	India - Natural Vegetation	Forest Conservation	
		Forest Problems in India	
		Concept of Human Resources	
	Human Caagnanhy	Population Distribution	
Day - 20	Human Geography - Demography	Factors of Population Distribution	
	017	Physical factors	
		Socio-cultural factors	

Sleep Awakeni	y Classes IRS ng Toppers	T.me/S	leepy Classes
		Demographic factors	
		World population distribution	
		Continent-wise distribution of population	
		Density of population	
		Pattern of population density	
		Causes of rapid increase in population	
		Determinants of population growth	
		Characteristics of population	
		Age composition	
		Population pyramids	
		Sex composition	
		Literacy	
		Theories of population growth	
		Malthusian theory	
		Marxian theory	
		Demographic transition theory	
		Population problems	
		Population problems of developing countries	
		Population problems of developed countries	
		Population dilemma of Europe	
		Population Policies of China and India	
		Various types of rural settlements	
		Relationship between house types with relief, climate and building materials	
		Rising Youth Population	
		Basic Feature and Pattern of India's Urbanization	
		Issues of Urbanization in India	
		Rural Urban Migration	
Day - 21	Human Geography – Urbanization	Emergence of Slums	
	Oi vainzaulun	Urban Transport	
		Waste Disposal	
		Water Supply, Drainage and Sanitation	

Sleep Awakeni	y Classes IAS ng Toppers	T.me/Sl	eepy Classes
		Urban Poverty	
		Real Estate (Regulation & Development) Act, 2016	
		Way Forward to Tackle Issues Related to Urbanization	
		Inclusive Cities/Smart cities	
		Recent government programmes:	
		Migration & Reverse Migration	
		Displacement	
		Importance of the Rehabilitation Policy	
		Urban settlements: types	
		Urbanisation process in India	
		Morphology of urban settlements	
		Town planning and patterns of rural settlement	
		Settlement types of the world	
		Migration: Push factors and pull factors	
		Emigration during colonial, postindependent and post-liberalisation period	
		Internal versus world migration	
		Functional classification of cities	
		Difference between boundaries and frontiers, their classification	
		Rural urban fringe characteristics, advantages, problems	
		National urbanisation policy	
		Principles of urban planning	
		Land cover transformation	
		Factors affecting rural settlements, their types and patterns	
		Cities - hierarchical classification, morphological classification	
		Literacy	
Day - 22	Human Geography – Census	Sex ratio	
	Census	Family Planning	

Sleep	y Classes IAS ing Toppers	T.me/Sl	leepy Classes
		Ageing Population	
		Age Structure	
		Density	
		Population growth	
		Census terminology	
		Caste Census Issues	
		Land Resource	
		Land-use	
		Land capability classification	
		Causes of Land Degradation	
		Impact of Land Degradation	
		Steps taken by GOI	
		Sustainable Land Management	
		Basic terms related to Agriculture	
Day - 23 Economic Geography - Agriculture	Performance of the agriculture sector		
	Types of farming in India		
	Cropping seasons in India		
	Cropping Pattern in India		
	Agriculture regionalization		
	Infrastructure factors: Seeds; Fertilizers; Irrigation		
		Land use pattern in India	
		Institutional Factors as land reform	
		Horticulture sector in India	
		Agricultural revolutions	
		Agricultural labours	
		Price Policy for Agriculture	
		Agricultural marketing	
		Agricultural Insurance	
		Agricultural Census	
	Major schemes in agricultural sector		
		National Policy for farmers	

Sleepy Classes IAS Awakening Toppers	T.me/Sle	eepy Clas
	Impact of climate change on agriculture	
	What is sustainable agriculture?	
	Use of IT in agriculture	
	Agriculture Issues and Challenges	
	Productivity of Crops and conditions for growth	





		Social Issues	
Sr. No.	Topics	Sub-Topics	Task Status
		Diversity in India	
		Role of Women and Women Organisations	
Day - 1		Population and Associated Issues	
		Poverty and Developmental Issues	
	Salient Features Of Indian	Urbanization: Problems and Remedies	
	Society	Communalism	
		Regionalism	
Day - 2		Secularism	
		Effect of Globalization on Indian Society	
		Social Empowerment	
		Status of Literacy in India	
		Elementary Education	
		Secondary Education	
Day - 3	Education	Higher Education	
Day 5	Education	Vocational Education	
		Education Policies	
		Issues in Education Sector	
		Recent Initiatives in Education	
		Health Indicators	
		Healthcare System in India	
Day - 4	Health	Public Health Policy	
Duy 1	iicuitii	Issues in Healthcare	
		Universal Healthcare	
		Recent Initiatives in Health	
		Status of Women in India	
Day - 5	Women	Issues faced by Women in India	
Day - 5		Women Empowerment Schemes	
		Women Organisations and their Role	

Sleep Awakeni	y Classes IAS ing Toppers	T.me/S	leepy Classes
	Children	Child Rights in India	
D. C		Issues faced by Children	
Day - 6	Children	Child Labour	
		Child Protection Schemes	
		Scheduled Castes	
		Scheduled Tribes	
		Other Backward Classes	
Day - 7	Vulnerable Sections	Minorities	
		Differently Abled	
		Senior Citizens	
		Transgender Community	
		Contemporary Issues	
	Salient Features of Indian Society	Rising inequality and social mobility	
Day - 8		Impact of social media on societal values	
		Migration and its social implications	
	Education	NEP 2020 implementation challenges	
		Digital divide in education	
Day 8		Skilling youth for future jobs	
Duy		COVID-19 aftermath and healthcare reforms	
	Health	Mental health awareness and policy	
		Ayushman Bharat coverage expansion	
		Women's safety and rising crimes	
	Women	Gender gap in workforce participation	
Day 9		Beti Bachao Beti Padhao outcomes	
2., 5		Child malnutrition and ICDS gaps	
	Children	Online safety for children	
		Juvenile justice system reforms	
		SC/ST atrocities and legal protection	
Day - 10	Vulnerable Sections	Tribal displacement due to development	
		Transgender rights and inclusion policies	





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Polity					
Sr. No.	Topics	Sub-Topics	Task Status		
		Historical Background of Indian Constitution			
Day - 1		Making of the Constitution			
Duy 1		Salient Features of Constitution			
		Preamble of the Constitution			
		Union and Its Territory			
Day - 2	Constitutional Framework	Citizenship			
		Fundamental Rights			
		Directive Principles of State Policy			
Day - 3		Fundamental Duties			
Day - 3		Amendment of the Constitution			
		Basic Structure of the Constitution			
		Parliamentary System			
Day - 4		Federal System			
	System Of Government Centre-State Relations				
Day - 5		Inter-State Relations			
Day - 3		Emergency Provisions			
		President			
Day - 6		Emergency Provisions President Vice President			
		Prime Minister			
	Central Government	Central Council of Ministers			
Day - 7	Central Government	Cabinet Committees			
		Parliament			
Day 9		Parliamentary Committees			
Day - 8		Parliamentary Forums			
Day 0		Governor			
Day - 9	- State Government	Chief Minister			
Day 10	State Government	State Council of Ministers			
Day - 10		State Legislature			



A	T.me/Sleepy Classes
	1.me/ sleepy Classes

D 44	T 10	Panchayati Raj	
Day - 11	Local Government	Municipalities	
D 40	Union Territories and	Union Territories	
Day - 12	Special Areas	Scheduled and Tribal Areas	
Dav. 12		Supreme Court	
Day - 13		High Courts	
	Indiciona	Subordinate Courts	
Day - 14	Judiciary -	Judicial Review	
Day - 14		Judicial Activism	
		Public Interest Litigation	
		Election Commission	
Day 15		Union Public Service Commission	
Day - 15		State Public Service Commission	
		Finance Commission	
	Constitutional Bodies	National Commission for SCs	
	Constitutional Boules	National Commission for STs	
Daw - 16		Special Officer for Linguistic Minorities	
Day - 10		Comptroller and Auditor General of India	
		Attorney General of India	
Day - 17		Advocate General of the State	
Day - 16 Day - 17		NITI Aayog	
		National Human Rights Commission	
Day - 17		State Human Rights Commission	
		Central Information Commission	
	Non-Constitutional Bodies	State Information Commission	
		Central Vigilance Commission	
Day - 18		Central Bureau of Investigation	
		Lokpal and Lokayuktas	
		National Investigation Agency (NIA)	
Day - 19	Other Constitutional	Cooperative Societies	
Day - 19	Dimensions	Official Language	

Sleep	y Classes IAS ing Toppers	T.me/Sl	eepy Classes
		Public Services	
		Rights and Liabilities of the Government	
		Special Provisions relating to certain classes	
		Political Parties	
		Elections	
D 20		Anti-Defection Law	
Day - 20		Pressure Groups	
		National Integration	
		Foreign Policy	
		Contemporary Issues	
		Constitution Day celebration	
		Debate over Fundamental Rights vs. Directive Principles	
Day - 21	Constitutional Framework	Uniform Civil Code Debate	
		Citizenship Amendment Act (CAA) and its implications	
		Debate on Basic Structure Doctrine	
	System Of Government	Federalism under stress: Centre-State tensions	
		Emergency Provisions and their rare invocation	
		Cooperative and Competitive Federalism	
Day - 22		Role of President in contemporary politics	
Day - 22		Office of Vice President: Relevance and reforms	
	Central Government	PMO's increasing influence in governance	
		Parliament disruptions and productivity	
		Role of Parliamentary Committees in oversight	
		Governor-State Government conflicts	
Day - 23	State Government	Role of Chief Ministers in federal structure	
		State Legislative efficiency and reforms	
		Panchayati Raj: 30 years of 73rd Amendment	
	Local Government	Urban governance challenges and Smart Cities Mission	
		Financial devolution to local bodies	

Union Territories and	Jammu & Kashmir post-Article 370	
	Ladakh's development as a Union Territory	
Special Filous	Special status of North-Eastern states	
	Judicial appointments and NJAC debate	
Indiciona	Judicial backlog and pendency of cases	
judiciary	Virtual courts and access to justice	
	Public Interest Litigation: Evolution and misuse	
	Election Commission and electoral reforms	
Constitutional Bodies	Finance Commission and fiscal federalism	
	Role of CAG in ensuring transparency	
	NITI Aayog's role in policy-making	
Non-Constitutional Bodies	NHRC and human rights enforcement	
	CBI autonomy and misuse allegations	
	Lokpal: Implementation and effectiveness	
	Electoral Bonds and political funding	
	Anti-Defection Law: Need for reform	
Other Constitutional	Pressure groups and their influence on policy	
Dimensions	India's foreign policy and constitutional principles	
	Language conflicts and Official Language policy	
	Judiciary Constitutional Bodies Non-Constitutional Bodies	Union Territories and Special Areas Ladakh's development as a Union Territory Special status of North-Eastern states Judicial appointments and NJAC debate Judicial backlog and pendency of cases Virtual courts and access to justice Public Interest Litigation: Evolution and misuse Election Commission and electoral reforms Finance Commission and fiscal federalism Role of CAG in ensuring transparency NITI Aayog's role in policy-making NHRC and human rights enforcement CBI autonomy and misuse allegations Lokpal: Implementation and effectiveness Electoral Bonds and political funding Anti-Defection Law: Need for reform Pressure groups and their influence on policy India's foreign policy and constitutional principles





International Relations					
Sr. No.	Topics	Sub-Topics	Task Status		
		Evolution of India's Foreign Policy			
		Determinants of India's Foreign Policy			
D. 1	La dia/a Familia Dalia.	Principles of India's Foreign Policy			
Day - 1	India's Foreign Policy	India's Foreign Policy during Cold War			
		India's Foreign Policy in Post-Cold War Period			
		India's Nuclear Policy			
		India-Pakistan Relations			
Day - 2		India-China Relations			
		India-Nepal Relations			
		India-Bhutan Relations			
Day - 3	India And Its Neighbours	India-Bangladesh Relations			
		India-Myanmar Relations			
		India-Sri Lanka Relations			
Day - 4		India-Maldives Relations			
		India-Afghanistan Relations			
		India-USA Relations			
Day - 5		India-Russia Relations			
	India And Major Powers	India-France Relations			
	india rina major romero	India-UK Relations			
Day - 6		India-Japan Relations			
		India-Germany Relations			
		India and South-East Asia			
Day - 7		India and Central Asia			
	India And Regions	India and West Asia			
Day - 8	Titum Titum Tregions	India and Africa			
		India and Latin America			
		India and Europe			
Day - 9	India And International	India and United Nations			
2,	Organizations	India and WTO			

Sleep	y Classes IRS ing Toppers	T.me/Sl	eepy Classes
		India and IMF	
		India and World Bank	
		India and Commonwealth	
		India and NAM	
		India and SAARC	
Day - 10		India and BRICS	
		India and G20	
		India and ASEAN	
		India and SCO	
		Role of Indian Diaspora	
Day - 11	Indian Diaspora	Issues faced by Indian Diaspora	
		Government Policies for Indian Diaspora	
		Contemporary Issues	
		Shift towards multi-alignment	
	India's Foreign Policy	India's role in the Indo-Pacific strategy	
		Climate diplomacy and India's commitments	
Day - 12		India-China border tensions (Ladakh standoff)	
Day - 12		Pakistan-sponsored terrorism and LoC ceasefire	
	India And Its Neighbours	Nepal's new map and border disputes	
		Bangladesh-Myanmar Rohingya crisis impact	
		Sri Lanka's economic crisis and India's aid	
		India-USA QUAD partnership strengthening	
Day - 13	India And Major Powers	Russia-Ukraine war and India's balancing act	
Day - 15	india mid major rowers	India-France defense and nuclear cooperation	
		India-Japan economic and security ties	
		Act East Policy and ASEAN engagement	
Day - 14	India And Regions	Central Asia Summit and connectivity projects	
	mala Ana Regions	West Asia: India's role in Abraham Accords era	
		Africa: India's development partnerships	
	India And International	India's UNSC non-permanent membership (2021-22)	
	Organizations	WTO reforms and India's stance	

Sleepy Classes IRS Awakening Toppers T.me/Sleepy Classe			eepy Classes
		BRICS summit outcomes (2023)	
		G20 presidency and India's global leadership	
		Diaspora's role in India's soft power	
Day - 15	Indian Diaspora	Evacuation efforts (e.g.	
		Pravasi Bharatiya Divas highlights	





Science & Technology				
Sr. No.	Topics	Sub-Topics	Task Status	
		Elements and Molecules		
		States of Matters		
		Atomic structure		
		Chemical bonding		
		Metals and non-metals		
		Metallurgy		
		Acid and base		
		Applications of electro-chemistry		
Day - 1	Chemistry	(Battery and Charging devices)		
		Properties of solution		
		Chemicals in everyday life		
		Polymers and Biopolymers		
		Chemistry of Pharmaceuticals		
		Carbon and its allotropes		
		Hydrocarbons and their derivatives		
		Biomolecules		
		Vitamins and Enzymes		
		Properties of fundamental particles		
		Fundamental forces		
		Energy and its various types		
		Optics		
		Electromagnetic spectrum		
Day - 2	Physics	Laws and theories in physics, Relativity		
Day - 2	Thysics	Electromagnetism		
		Heat and thermodynamics		
		Waves		
		Mechanical		
		Electromagnetic waves		
		Universe		

Planets, stars, and galaxies	Sleep	y Classes IAS ng Toppers	T.me	Sleepy Classes
Dark matter and energy			Planets, stars, and galaxies	
Black holes			Big-bang theory and singularity	
Neutrino Observatory			Dark matter and energy	
Gravitational Waves			Black holes	
Sunspot			Neutrino Observatory	
Magnetars and Neutron stars Sub-atomic particles Chemical Building Blocks of Life History of Origin of Life Diversity of Living Things Classification and Domains of Life Viruses Prokaryotes Prokaryotes Things Protists Plants Plants Fungi Animals Evolution Evolution of Life Human Evolution Inheritance DNA and RNA Genetics Gene Expression Gene Regulation Mutation Day - 5 Cells			Gravitational Waves	
Sub-atomic particles			Sunspot	
Chemical Building Blocks of Life			Magnetars and Neutron stars	
History of Origin of Life			Sub-atomic particles	
Diversity of Living Things Classification and Domains of Life Viruses Prokaryotes Prokaryotes Biology of Life Eukaryotes Things Protists Plants Fungi Animals Evolution Evolution of Life Human Evolution Inheritance DNA and RNA Genetics Gene Regulation Mutation Day - 5 Cells			Chemical Building Blocks of Life	
Classification and Domains of Life Viruses			History of Origin of Life	
Day - 3 Biology			Diversity of Living Things	
Prokaryotes		Classification and Domains of Life		
Day - 3 Biology			Viruses	
Bukaryotes			Prokaryotes	
Things	Day - 3	Biology	of Life	
Protists			Eukaryotes	
Plants Fungi Animals Evolution of Life Human Evolution Inheritance DNA and RNA Genetics Gene Expression Gene Regulation Mutation Cell Structure			Things	
Fungi Animals Evolution Evolution of Life Human Evolution Inheritance DNA and RNA Gene Expression Gene Regulation Mutation Cell Structure			Protists	
Animals Evolution Evolution of Life Human Evolution Inheritance DNA and RNA Gene Expression Gene Regulation Mutation Cell Structure			Plants	
Evolution Evolution of Life Human Evolution Inheritance DNA and RNA Gene Expression Gene Regulation Mutation Cell Structure			Fungi	
Day - 4 Evolution			Animals	
Human Evolution		Evolution	Evolution of Life	
Day - 4 Genetics Gene Expression Gene Regulation Mutation Cell Structure DNA and RNA Gene Expression Cell Structure		Evolution	Human Evolution	
Genetics Gene Expression Gene Regulation Mutation Cell Structure			Inheritance	
Gene Regulation Mutation Cell Structure	Day - 4		DNA and RNA	
Mutation Cell Structure Cells		Genetics	Gene Expression	
Day - 5 Cells Cell Structure			Gene Regulation	
Day - 5 Cells			Mutation	
Membranes	D277 - 5	Calle	Cell Structure	
	Day - 5	Cells	Membranes	

Sleepy Classes IAS Awakening Toppers T.me/Sleepy Classes			
		Cell-Cell Interactions	
		Respiration	
		Energy and Metabolism	
		Cells Division	
		Tissues	
		Epithelial tissue	
		Connective tissue	
		Muscle tissue	
		Nervous	
		Myocardial	
		Hepatic	
		Endocrine System	
		Respiratory system	
		Circulatory system	
	Organ System and Human Physiology	Skeletal and Muscular Systems	
		Reproduction	
Day 6		Excretion, Osmoregulation and Thermoregulation	
Day - 6		The Digestive System	
		Immune system	
		Classification by Source of Energy and Carbon	
	Nutrition	Plant Nutrition	
		Animal Nutrition	
		Human Diet	
		Photosynthesis	
	Plant Physiology	Respiration	
Day - 7	Plant Physiology	Plant-water balance	
		Reproduction	
		Microbes in Human Welfare	
	Economic Zoology	Beneficial animals	
		Beneficial insects	
	Economic Botany	Family of angiosperms	

Awaker	Awakening Toppers T.me/Sleepy		
		Tissue culture	
		Grafting	
		Horticulture	
		CT scan	
	Imaging Techniques	Magnetic resonance imaging	
		Positron emission tomography (PET)	
Day 0		Generation and significance of fossils fuels	
Day - 8		Biofuels from biomass	
	Biological Fuel Generation	Biodiesel	
		Natural gas and petroleum	
		Hydrogen	
		Genetic Engineering, Process, and Application	
		Genomics	
	Biotechnology	Proteomics	
		RNA Types & Technology	
Day - 9		Genome sequencing and Its Applications	
		Bio composting	
	Application Of	Bioremediation	
	Biotechnology In Environment	Microbial remediation	
		Carbon capture Technology	
		Transgenic plants	
		Methods and application of Plant biotechnology	
	Plant Biotechnology	Animal biotechnology	
		Transgenic animals	
		Methods and application of Animal	
Day - 10		biotechnology	_
Day - 10		Bioprocessing	
	Application Of	Bioreactors	
	Application Of Biotechnology In Food	Manipulation of Enzymes	
	And Beverage Industry	Food processing	
		Single cell protein	
		Food fortification	

Sleep Awakeni	y Classes IRS ng Toppers	T.me/S	leepy Classes
	Application Of	GM technology	
	Biotechnology In	GM crops	
	Agriculture	Pest Resistant Plants	
		Gene Editing	
		Gene therapy	
		Molecular Diagnosis	
		PCR	
		ELISA	
		Antibody-Antigen interactions and	
		detections	
Day - 11		Embryo transfer technology	
	Biotechnology And	Stem cells and their engineering	
	Medicine	Biopharmaceuticals/therapeutic	
		proteins	
		Brain fingerprinting technology	
		Bioethics and Biopiracy	
		Biosafety protocols	
		IPR in Biotechnology	
		Recent trends in biotechnology and applied biotechnology	
		Human Health & Diseases	
		Common diseases in human and their causative agents	
		Diseases due to nutrient deficiency	
		Molecular biology and human disease	
5 40		Chromosomal inheritance and disease	
Day - 12	Human Diseases	Extra chromosomal inheritance and disease	
		Vector borne diseases	
		Water borne diseases	
		Lifestyle diseases	
		Immunity and its types	

Vaccination and Immunisation	Sleep	y Classes IRS ng Toppers	T.me/S	leepy Classes
Day - 13 Medicines			Vaccination and Immunisation	
Day - 13 Medicines			Vaccination program of India	
Monoclonal antibodies therapy			Antibiotics	
Day -13 Medicines			Antiviral and antifungal drugs	
Drug formulations			Monoclonal antibodies therapy	
Drug pricing in India	Day - 13	Medicines	Antimicrobial drug resistance	
Pharmacogenetics			Drug formulations	
Cyber warfare, and preparedness			Drug pricing in India	
Day - 14 Defence Technology Day - 14 Defence Technology Day - 15 Day - 15 Defence Reforms Drone technology Unmanned Aerial Vehicle Stealth technology Advanced Defence Equipment Air Defence System 3-D printing missiles Lethal Autonomous Weapons Hypersonic technology Hypersonic glide vehicles Hypersonic cruise missiles Classical weapons Weapon of mass destruction Fission and fusion bombs Chemical Weapons Biological Weapons Directed Energy Weapons CDS Various committees and recommendations Domains of Warfare Submarine Defence Platforms			Pharmacogenetics	
Day - 14 Defence Technology			Cyber warfare, and preparedness	
Day - 14 Defence Technology			Drone technology	
Day - 14 Defence Technology Air Defence System 3-D printing missiles Lethal Autonomous Weapons Hypersonic technology Hypersonic glide vehicles Hypersonic cruise missiles Classical weapons Weapon of mass destruction Fission and fusion bombs Chemical Weapons Biological Weapons Directed Energy Weapons Defence Reforms Defence Platforms Advanced Defence Equipment Air Defence Equipment Classical weapons Directed Energy Weapons Domains of Warfare Submarine Advanced Defence Equipment Defence Equipment Air Defence Equipment Classical weapons Directed Energy Weapons Domains of Warfare Submarine			Unmanned Aerial Vehicle	
Day - 14 Defence Technology Air Defence system 3-D printing missiles Lethal Autonomous Weapons Hypersonic technology Hypersonic glide vehicles Hypersonic cruise missiles Classical weapons Weapon of mass destruction Fission and fusion bombs Chemical Weapons Biological Weapons Directed Energy Weapons CDS Various committees and recommendations Domains of Warfare Submarine		Defence Technology	Stealth technology	
Biological Weapons CDS Defence Reforms Defence Platforms Classicals CDS CDS			Advanced Defence Equipment	
Lethal Autonomous Weapons	Day - 14		Air Defence system	
Hypersonic technology Hypersonic glide vehicles Hypersonic cruise missiles Classical weapons Weapon of mass destruction Fission and fusion bombs Chemical Weapons Biological Weapons Directed Energy Weapons CDS Various committees and recommendations Domains of Warfare Submarine			3-D printing missiles	
Hypersonic glide vehicles Hypersonic cruise missiles Classical weapons Weapon of mass destruction Fission and fusion bombs Chemical Weapons Biological Weapons Directed Energy Weapons CDS Various committees and recommendations Domains of Warfare Submarine			Lethal Autonomous Weapons	
Hypersonic cruise missiles Classical weapons Weapon of mass destruction Fission and fusion bombs Chemical Weapons Biological Weapons Directed Energy Weapons CDS Various committees and recommendations Domains of Warfare Submarine			Hypersonic technology	
Classical weapons			Hypersonic glide vehicles	
Weapon System Weapon of mass destruction			Hypersonic cruise missiles	
Weapon System Fission and fusion bombs Chemical Weapons Biological Weapons Directed Energy Weapons CDS Defence Reforms Various committees and recommendations Domains of Warfare Submarine CDS C		IATa a man Garatana	Classical weapons	
Chemical Weapons			Weapon of mass destruction	
Chemical Weapons			Fission and fusion bombs	
Day - 15 Defence Reforms Directed Energy Weapons CDS		vveapon system	Chemical Weapons	
Defence Reforms Various committees and recommendations Domains of Warfare Submarine			Biological Weapons	
Defence Reforms Various committees and recommendations Domains of Warfare Submarine	Day - 15		Directed Energy Weapons	
Domains of Warfare Submarine Defence Platforms			CDS	
Defence Platforms Submarine		Defence Reforms	Various committees and recommendations	
Defence Platforms			Domains of Warfare	
		Defence Platforms	Submarine	
		Defence Flauforms	Aircraft carrier	

Awakeni	ing Toppers	T.me/Sl	eepy Classes
		Combat aircraft	
		Defence Organizations and laboratories	
		Defence Exercises	
		Types of nuclear reactions	
		Nuclear Energy and its application	
		Civil and military applications of Nuclear Energy	
		Nuclear Fuels and Centrifugation	
		Nuclear Reactor	
		Nuclear Policy of India	
		Nuclear Radiation and Its impact	
Day - 16	Nuclear Energy	Radioactive Waste	
		Nuclear & Radiological Disasters	
		Institutions involved in Nuclear Energy	
		Development	
		Department of Atomic Energy	
		Atomic Energy Regulatory Board	
		Bhabha Atomic Research Centre	
		Indira Gandhi Centre for Atomic Research	
		Generation of computers	
		Computer terminologies	
		Supercomputer and its applications	
		Cloud computing	
		Components of IT	
		IT enabled services	
Day - 17	Electronics &	Application of IT	
Duy 17	Telecommunications	Cathode ray	
		LCD	
		LED	
		Plasma Monitors	
		OLED	
		AMOLED	
		Mobile Generations	

Sleep	y Classes IAS ing Toppers	T.me/Sl	leepy Classes
		Smartphone	
		Net Neutrality	
		Internet of Things	
		Big Data Initiative and Privacy	
		Cyber-crime and Security	
		Government Initiatives	
		Basics of Nano Science and Nano Technology	
		Nanomaterial	
		Applications of Nano Technology	
		Nano medicine	
		Semiconductors and computing	
		Food	
		Textiles	
D 40	Nano Science & Nano Technologies	Sustainable energy	
Day - 18		Environment	
		Transport	
		Space	
		Agriculture	
		Impacts of Nano Technology	
		Adverse Health and Environmental	
		Social and Ethical Impacts	
		Nano Science & Nano technology in India	
		Robotics	
		Machine vs Computer vs Robots	
		Parts of a Robot	
Day - 19		Classification of Robots	
	Robotics & AI	Advantages and Disadvantages of Robot	
	Robotics & Al	Applications of Robotics in Agriculture, industry, defence, etc.	
		AI	
		Neural networks	
		Machine Learning and Deep learning	

Sleepy Classes IRS Awakening Toppers		T.me/Sleepy Classes	
		Application of AI	
		Artificial Intelligence and Robotics	
		IPR	
	IPR	International Agreements and Institution on IPR	
	IFK	IPR Regime in India	
		National Intellectual Property Rights Policy	
		Institutions & Policy	
		India's policy in the field of the science and technology	
		Various policies for S&T	
		Institutional structure	
Day - 20		Department of Science & Technology	
Duy 2 0		CSIR	
	Institutions & Policy	Science and Engineering Research Board	
		Technology Development Board	
		National Accreditation Board For Testing And Calibration Laboratories	
		Science and technology as a source of Human Resource Development	
		Awards related to Science	
		India and global collaboration in science projects	
		Technology Vision Document 2035	
		Contemporary Issues	
		Modified Newtonian Dynamics (MOND)	
		PRATUSH - India's Moon based Telescope	
		Soft Landing on Moon	
		India's First Indigenous Space Mission	
Day - 21	Space	NISAR Mission	
		Another eye in sky, on ground: India is now part of world's largest radio telescope project	
		ISRO to launch XPoSat and 10 other payloads	
		Japan' Slim lander on Moon	
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Indian researchers detect X-Ray Polarization in Extragalactic black hole Adity at 1 Mission Applications of NavIC Chandrayaan-3: Mission to Moon Peace & security in outer space Indian Space Policy - 2023 EOS-06 satellite: Application and Technological Edge ISRO launches new rocket SSLV-D2 NASA's Artemis mission The search for Dark Matter- LUXZEPLIN (LZ) International Liquid-Mirror Telescope Cassie POFM-3 Mission and Space Debris LIGO Project Impart Web Europe's AI Convention US-UK Partnership on AI Cyber Slavery Digital Divide and India World's first AI Law End-to-End Encryption Threats to Net neutrality in India Impart Store Net neutrality in India Threats to Net neutrality in India Dark Pattern's Gaps in AePS abused by cybercriminals Generative artificial intelligence (GAI) "Organoid Intelligence" - Revolutionary Biocomputers Bluebugging and hacking Bluetooth enabled devices Place Pattern Store Pattern Store Pattern Store Pattern's	Sleep	y Classes IAS ing Toppers	T.me/Si	leepy Classes
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Indian Space Policy - 2023			Chandrayaan-3: Mission to Moon	
Day - 22 EOS-06 satellite: Application and Technological Edge			Peace & security in outer space	
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Day - 23 Day - 24 Europe's AI Convention Cyber Slavery			International Liquid-Mirror Telescope Cassie	
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Day - 23 Day - 23 Europe's AI Convention US-UK Partnership on AI US-UK Partnership on A			LIGO Project	
Day - 23 Day - 23 US-UK Partnership on AI			The Dark Web	
Day - 23 Cyber Slavery			Europe's AI Convention	
Day - 23 Digital Divide and India			US-UK Partnership on AI	
Digital Divide and India World's first AI Law End-to-End Encryption Threats to Net neutrality in India Personalised Adaptive Leaming (PAL) with AI Dark Pattern's Gaps in AePS abused by cybercriminals Generative artificial intelligence (GAI) "Organoid Intelligence" - Revolutionary Biocomputers Bluebugging and hacking Bluetooth enabled	Day - 23		Cyber Slavery	
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Day - 24 It, Telecom & Electronics India AI 2023 Personalised Adaptive Leaming (PAL) with AI Dark Pattern's Gaps in AePS abused by cybercriminals Generative artificial intelligence (GAI) Porganoid Intelligence " - Revolutionary Biocomputers Bluebugging and hacking Bluetooth enabled Dark Pattern's Personalised Adaptive Leaming (PAL) with AI Personalised Adaptive Le			End-to-End Encryption	
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Gaps in AePS abused by cybercriminals Generative artificial intelligence (GAI) "Organoid Intelligence" - Revolutionary Biocomputers Bluebugging and hacking Bluetooth enabled			Personalised Adaptive Leaming (PAL) with AI	
Day - 24 Generative artificial intelligence (GAI) "Organoid Intelligence" - Revolutionary Biocomputers Bluebugging and hacking Bluetooth enabled □			Dark Pattern's	
"Organoid Intelligence" - Revolutionary Biocomputers Bluebugging and hacking Bluetooth enabled			Gaps in AePS abused by cybercriminals	
Biocomputers Bluebugging and hacking Bluetooth enabled	Day - 24		Generative artificial intelligence (GAI)	

Sleepy Classes IRS Awakening Toppers		T.me/Sleepy Classes		
		5G Technology launched in its full pace in India		
		Facial Recognition Technology		
		Deepfakes: Challenges and Mitigation		
		China's Offensive Air Capabilities along LAC		
		LVM3 Commercialisation		
		Development of Electric Propulsion System for		
		Indian Warships		
		Kavach system		
		Exercise TARKASH: Chemical and biological warfare		
		Interpol launches Metaverse for global law enforcement		
Day - 25	Defence	Nano-Science & Nanotechnology		
		National Quantum Mission (NQM)		
		Nanoparticle and Cancer treatment		
		Room temperature superconductivity		
		Quantum Computing: New era computers		
		Graphene: Application and Properties		
		Nano Urea		
		Brainoware		
		Carbon Nanoflorets		
		Drones to monitor worksites		
		HAL to provide MRO for MQ-9B drone engines in		
	Robotics	India		
Day - 26		New Autonomous Flying Wing Technology Demonstrator		
		Role of Nuclear Technology in Global Food Safety		
		50 years of Pokhran-I		
		India's beaches and a nuclear-powered future		
	Nuclear Energy	Nuclear Power and Waste Management: Issues and Challenges		
		Radiocarbon dating		
		Breakthrough in nuclear fusion energy		

Awakeni	ing Toppers	T.me/Sl	eepy Classes
		MIRV Technology: Application and Challenges	
		The evolution of Neuroscience	
		10,000 genome' project completed	
		Navigating the Ethical Frontiers of CRISPR	
		The untapped potential of stem cells	
		mRNA, the Next Frontier for Personalized Medicine	
		The future of healthcare is in our genes	
		Population-level genome sequencing: Benefits	
		India fight against cancer and Cancer care	
Day - 27	Biotechnology	NICED and detection of drug-resistant H. pylori possible	
Day - 27		Pink Bollworm Threat for Bt Cotton	
		Metagenome Sequencing	
		Understanding a Human Pan-genome Map	
		Mitochondrial Donation Treatment (MDT) and Inherited Diseases	
		The Auto-Immune Inflammation of Blood Vessels: Vasculitis	
		Side-Effects of Covid-19 Vaccine	
		CAR T-Cell Therapy	
		Gene Therapy for Hemophilia A	
		Global Trans Fat Elimination: WHO Report	
		Flex-fuel prototype	
Day - 28	Renewable Energy	Hydrogen Fuel Cell	
Day - 20	Kenewable Energy	Electric Batteries and Electrochemical Cells	
		Green Hydrogen - Substitute to Fossil Fuel	
		Chemistry Nobel 2023	
Day - 29	Ashiorromento Of Indiana	Nobel Prize in Medicine 2023	
	Achievements Of Indians In Science & Technology	Nobel Prize in Physics 2023	
		Shrinivas R Kulkarni Awarded Shaw Prize	
		Blavatnik Awards in UK:	

Rahul R Nair - Physical Sciences & Engineering for developing novel membranes based on	
twodimensional (2D) materials	
Mehul Malik - Techniques that harness high- dimensional entanglement, a complex quantum physics phenomenon	
Tanmay Bharat - Developing cutting-edge techniques in electron cryotomography (cryo-ET) to create atomic-level pictures of cell-surface molecules produced by microscopic bacteria and archaea.	
Subra Suresh - National Medal of Science	
	dimensional entanglement, a complex quantum physics phenomenon Tanmay Bharat - Developing cutting-edge techniques in electron cryotomography (cryo-ET) to create atomic-level pictures of cell-surface molecules produced by microscopic bacteria and archaea.





		Economy	
Sr. No.	Topics	Sub-Topics	Task Status
Day - 1		Basic Concepts	
	National Income	Methods of Measuring National Income	
		Issues with measuring National Income	
Day - 2		Money Supply	
Day - 2		Banking System in India	
Day - 3	Money And Banking	Reserve Bank of India	
Day - 3	Wioney And Danking	Monetary Policy	
Day - 4		Inflation	
Day - 4		Financial Inclusion	
Day - 5		Money Market	
Day - 3	Financial Market	Capital Market	
Day - 6	Filialiciai Maiket	Stock Exchanges in India	
Day - 0		Securities and Exchange Board of India (SEBI)	
Day - 7		Budget	
Day 7	Public Finance	Fiscal Policy	
		Taxation	
Day- 8		Public Expenditure	
Duy 0		Public Debt	
		Deficit Financing	
Day - 9		Five-Year Plans	
Duy 9	Planning	NITI Aayog	
Day - 10	1 1411111111111111111111111111111111111	Inclusive Growth	
Duy 10		Sustainable Development Goals (SDGs)	
		Balance of Payments	
Day - 11		Foreign Exchange Reserves	
	External Sector	Exchange Rate	
	External occion	Foreign Trade Policy	
Day - 12		Foreign Direct Investment (FDI)	
		World Trade Organization (WTO)	

Sleep	OY Classes IAS ing Toppers	T.me/Si	leepy Classes
		Role of Agriculture in Indian Economy	
Day - 13		Land Reforms	
	A . 1/	Agricultural Credit	
D 14	Agriculture	Agricultural Marketing	
Day - 14		Food Security	
		Agricultural Subsidies	
		Industrial Policy	
		Public Sector Enterprises	
Day - 15	Industry	Micro	
		Make in India	
		Industrial Corridors	
	Infrastructure	Transport	
Day - 16		Energy	
Day - 10		Communication	
		Urban Infrastructure	
	Services Sector	Contribution to GDP	
Day - 17		IT and ITeS	
Day - 17		Tourism	
		Health and Education	
		Employment Scenario	
Day - 18	Labour And Employment	Labour Laws	
Duy 10		Skill Development	
		Unemployment	
	Poverty And	Poverty Estimation	
Day - 19	Poverty And Unemployment	Poverty Alleviation Programmes	
	1 ,	Unemployment Types and Measurement	
		Contemporary Issues	
	National Income	Revised GDP calculation methods	
Day - 20		Economic slowdown and recovery post-COVID	
	Money And Banking	RBI's monetary policy in inflationary times	
	Trioncy find banking	Banking sector NPAs and recapitalization	

- Avoidor	g reppers	,	1 /
		Digital payments and UPI expansion	
Day - 21	Financial Market	Stock market volatility and retail participation	
		SEBI's role in regulating cryptocurrencies	
		Rise of fintech companies	
	Public Finance	Union Budget highlights	
		Fiscal deficit targets and FRBM Act	
		Tax reforms: GST and direct tax code	
Day - 22	Planning	NITI Aayog's role in cooperative federalism	
		SDG progress and challenges in India	
	External Sector	Rupee depreciation and forex reserves	
		India's trade deficit with China	
		FDI inflows and PLI scheme impact	
Day - 23	Agriculture	Farm laws repeal and farmer protests	
		MSP and agricultural reforms	
		Organic farming and sustainability	
	Industry	Make in India: Achievements and hurdles	
		MSME sector recovery post-pandemic	
		Privatization of PSUs	
Day 24	Infrastructure	National Infrastructure Pipeline progress	
		Renewable energy targets and challenges	
		5G rollout and digital infrastructure	
	Services Sector	IT sector growth and remote working trends	
		Tourism revival post-COVID	
		Healthcare infrastructure gaps	
Day - 25	Labour And Employment	Labour code implementation delays	
		Gig economy and worker rights	
		Skill India Mission outcomes	
	Poverty And Unemployment	Multidimensional Poverty Index updates	
		MGNREGA and rural employment	
		Urban unemployment crisis	
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		Environment	
Sr. No.	Topics	Sub-Topics	Task Status
		Types of Ecology	
		Ecological Hierarchy	
		Scope of Ecology	
		Habitat & Ecological Niche	
		Deep vs Shallow Ecology	
		Ecological Principles	
		Ecological Community	
		Stratification	
		Ecotones	
Day - 1	Ecology	Ecological Dominance	
2 . y 1	200099	Seasonal and Diurnal Fluctuation	
		Periodicity	
		Turnover	
		Interdependence	
		Ecological Succession	
		Types and Process of Succession	
		Climax Community	
		Range of Tolerance, Maximum Range	
		Difference between Ecology, Environment and Ecosystem	
		Ecosystem Definitions	
		Functions and Properties of Ecosystem	
		The Structure/Components of Ecosystem	
		Abiotic Components	
Day - 2	Ecosystem And Its	Biotic Components	
Day - 2	Dynamics	Ecosystem Dynamics	
		Flow of Energy in Ecosystem	
		Trophic Levels	
		Food Chain	
		Types & Significance of Food Chain	

Sleep	OY Classes IRS ing Toppers	T.me/S	T.me/Sleepy Classes	
		Food Web		
		Models for Energy Flow		
		Ecological Productivity		
		Ecological Pyramid		
		Biomagnifications		
		Biological Control		
		Organic Farming		
		Types of Biogeochemical Cycle		
		Carbon Cycle		
	Biogeochemical Cycles	Nitrogen Cycle		
		Phosphorus Cycle		
		Sulphur Cycle		
Day - 3		Biome		
	Biomes: Forest, Grassland, Mountain, And Desert Ecosystems	Grasslands		
		Tundra		
		Deserts		
		Thar desert		
		Mountain biome		
		Aquatic ecosystems		
		Basic facts about the ocean		
		Importance of the ocean		
		Zones of the ocean		
		Marine life		
	Aquatic Life Zones:	Coral reefs		
Day - 4	Ocean, Rivers, Lakes, And	Coral reefs in India		
	Wetlands	Conserving coral reefs		
		Mangroves		
		Mangroves in India		
		Freshwater in India		
		Importance of lakes		
		National Lake Conservation Plan		

Sleepy Classes IRS Awakening Toppers		T.me/Sleepy Classes	
		Wetlands and their importance	
		Ramsar Convention	
		Ramsar Sites	
		Montreux Record	
		Extent and distribution of wetlands in India	
		Conserving the wetlands of India	
		Biodiversity	
		Important kinds of biodiversity	
		Degree of diversity in an ecosystem	
		Endemic species	
		Keystone species	
		Indicator species	
	Biodiversity Basics	Invasive species	
		Allopatric and sympatric speciation	
		Bioinformatics	
		Biodiversity distribution	
		Megadivers Countries	
Day - 5		Uses and values of biodiversity	
Day - 3		State of global biodiversity	
		Threats to biodiversity	
		Biodiversity Hotspots	
		Eco-regions	
		Role of traditional knowledge in biodiversity	
		Biopiracy	
		Extinction of species	
		Mass extinction	
		IUCN's classification scheme	
		IUCN Red-List of Threatened Species	
		Level of biodiversity in India	
		Biogeographical classification of India	

Sleep	OY Classes IRS ing Toppers	T.me/Sl	eepy Classes
		Ex-situ aid in-situ conservation	
		Seed banks	
		Zoos in biodiversity conservation	
		Botanical gardens	
		Protected areas	
		State of protected areas in the world	
		UNESCO Man and the Biosphere Program (MAB)	
		Characteristics of biosphere reserves	
		International agreements for biodiversity conservation	
		Convention on Biological Diversity	
	Biodiversity Conservation	Cartagena Protocol	
Day - 6		Nagoya Protocol	
j		Aichi Biodiversity Targets	
		Important Coastal and Marine Biodiversity A reas of India	
		Important Bird Areas (IBAs) of India	
		Global Tiger Initiative	
		Project Tiger	
		Project Elephant	
		Indian Rhino Vision	
		Recovery Programme for Critically Endangered Species	
		Use of indigenous knowledge for conserving biodiversity	
		Seed village	
		Effect of Modern Agriculture on Environment	
		Effect of Housing on Environment	
Day - 7	Effect Of Human	Effect of Power Generation on Environment	
	Activities On Environment	Effect of River Valley Projects (Water Resource Projects) on Environment	
		Effect of Mining on Environment	

Sleep	y Classes IRS ing Toppers	T.me/Sleepy Classes		
		Effect of Transportation Activities on Environment		
		Effect of Tourism on Environment		
		Water Cycle (Hydrological Cycle)		
		Availability and Quality Aspects (groundwater depletion計		
		Water-borne and Water-induced Diseases		
		Fluoride Problem in Drinking Water		
		Arsenic Problem in Drinking Water		
	T. T. T. T.	Minerals & Environmental Degradation		
	Water Resource Degradation	Mining and Environment		
	2 cgradation	Sensitivity of Select Ecosystems to Mining		
		Impact of Mining		
		Indirect Impact of Mining		
		International Laws on Mining		
		Main Act or Statute to regulate the impact of Indian Mining Sector		
		Sustainable Mining		
		Causes of Deforestation		
		Implications of Deforestation for Climate Change		
		Consequences of Deforestation on the Wildlife of India		
		Impact of Deforestation on Indian Monsoon		
		Impact of Deforestation on People		
Day - 8	Deforestation	Deforestation Leads to Water and Soil Resources Loss and Flooding		
		Economical Impacts		
		Strategies for Reducing Deforestation		
		Government Programmes for Conservation of Forests		
		Legislations for Conservation of Forests using People Participation		
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Awaken	ing Toppers	T.me/Sl	eepy Classes
		Steps for Improving People Participation in Forest Resource Management	
		Use of Local Traditional Methods	
		Solid Waste	
		Hazardous Waste	
		E-Waste	
	Maria Maria a a maria	Bio Medical Waste	
	Waste Management	Plastic Waste	
		Methods for Waste Management	
		Effects of Poor Waste Disposal	
Day - 9		Landfill	
		Principles of sustainability	
	Sustainable Development	Measurement of Sustainability or Sustainable Ethics or Equitable Utilisation of Natural Resource	
		Sustainable Lifestyle (Role of an individual in sustainable development)	
		Challenges to Sustainable Development	
		International Efforts to Achieve Sustainability	
		Air Pollution	
		Sources of Air Pollution	
		Effects of Air Pollution	
		Classification of Air Pollutant	
		Control Measures of Air Pollution	
		Air Pollution Disasters	
Day - 10	Environmental Pollution	Persistent Organic Pollutants (Long Range Transport of Gaseous Air Pollutants)	
		National Ambient Air Quality Standards	
		Water Pollution	
		Sources of Water Pollution	
		Types of Water Pollutants	
		Effects of Water Pollution	
		Water Quality Standards	

Sleep Awaken	OY Classes IRS ing Toppers	T.me/Sleepy Classes	
		Control of Water Pollution	
		Thermal Pollution	
		Sources of Thermal Pollution	
		Effects of Thermal Pollution	
		Control of Thermal Pollution	
		Soil Pollution or Land Degradation	
		Sources of Soil Pollution	
Day - 11		Effects of Soil Pollution	
Day - 11		Control Measures	
		Noise Pollution	
		Air-borne Diseases	
		Toxic Substances: Toxicant, Toxicity and	
		Toxicology	
		Factors affecting toxicity	
		Carcinogens	
		Sources of Solid Waste	
		Effect of Solid Waste	
Day - 12	Solid Waste Management	Control Measures of Solid Waste	
		Solid Waste Management Rules	
		Hazardous Waste Management (HWM)	
		Mangroves	
		Salient features of Mangroves	
		Importance of Mangroves	
		Mangroves in India	
		Mangroves under threats	
D 12	Coastal Ecosystem	Legal and Regulatory Approaches for Protection	
Day - 13	Management	Estuaries	
		Importance of estuaries	
		Threats to estuaries	
		Coral Reefs	
		Geographical Conditions Required	
		Uses of coral reefs	

			eepy Classes
1		Conservation of coral reef	
		Steps for Coastal Ecosystem	
		Management of Coastal Ecosystem	
		Air Pollution	
		Report on Air Pollution	
		Bharat Stage Emission Standards	
		Polluters Pay Model	
		Household Air Pollution	
		Open Waste Burning and its Impact	
Day - 14		Graded Response Action Plan on Pollution	
		UN Sets Limits on Global Airline	
		Emissions	
		Waste Management	
		Biodegradable Plastics	
		Green Train Corridors	
		Oil Spill	
	Recent Developments	Solid Waste Management-Buffer Zone	
		Other News	
		Report of Parliamentary Committee on Forest Fires	
		Urban Forestry Scheme	
		Draft Notification to Regulate Pet Shops	
D 45		Ban on Import of Animal Skin	
Day - 15		River linking Project and Impact on Environment	
		Algal Bloom Issue	
		Illegal Salt Mining and its Impact	
		India's Wetland Report, 2023	
		Deep Sea Mining	
		Mass Coral Bleaching	
		Ganga River Pollution	

Awakeni	ing Toppers	T.me/Sl	leepy Classes
	Environmental Impact	Government Body which Executes EIA	
		Environmental Effects Analysed under EIA	
	Assessment	Process of EIA	
		EIA Ruling 1984	
		Environmental Laws: Provisions in the Indian	
		Constitution towards Environmental Protection	
		Salient Features of Air (Prevention and Control of	
Day - 16		Pollution) Act, 1981	_
	Environmental Laws	Salient Features of Water (Prevention and Control of Pollution) Act, 1974	
		Salient features of Forest Conservation Act, 1980	
		Salient Features of Wildlife Protection Act, 1972	
		Salient Features of Environment (Protection) Act, 1986	
		Role of Government in Environmental Protection	
	Environment Related Institutions and Organizations	Pollution Control Boards	
D 45		National Green Tribunal	
Day - 17		Forest Survey of India	
	Organizations	National Board for Wildlife	
	Schemes	Ecomark Scheme	
		National Afforestation Program	
		National River Conservation Plan	
		National Mission for Clean Ganga	
Day - 18		National Air Quality Index (AQI)	
Day - 10	ochemes	National Action Programme to Combat	
		Desertification	
		UJALA Scheme	
		Bharat Stage Norms	
		FAME III	
		UNEP	
Day - 19	International Environmental	UNDP, UNFCCC, UNCCD	
Day - 19	Governance	Centre for Biological Diversity	
		WWF for Nature	

Awaken	DY Classes IAS ing Toppers	T.me/Sl	eepy Classes
		IUCN - Red List	
		Birdlife International	
		International Conventions/Protocols & their Objectives	
		Green House Effect and Global Warming	
		Global Climate Change: International Efforts to Control Global Warming or Global Climate Change	
Day - 20	Basics Of Climate Change	Ozone Layer Depletion or Ozone Hole	
		Acid Rain	
		El Nino	
		La Nina	
		Pollution in metros and climate change	
	Urbanization And Climate	Real estate boom and environment degradation	
Day - 21		Urban Heat Island	
		Polythene bags and pollution	
		Methane generation from waste	
	Impact Of Agriculture on Climate	Agriculture increases Carbon Dioxide Emissions	
		Monoculture practice impacts biodiversity	
		Pollution due to use of chemical fertilizers	
		Soil-related effects	
		Fertilizer's Effect on the Environment	
		Impact of livestock on environment	
Day - 22		Impact of use of pesticides on environment	
		Impact of GM crop on environment	
		Emission of Methane from agricultural practices	
		Sustainable Agriculture Techniques	
		Health impacts of global warming	
	Global Warming & Health	Mosquito-borne diseases	
		Ozone depletion and human health	





		Combonanana Isaasaa	
		Contemporary Issues	
		IUCN Report on Mangrove Ecosystems	
		Coral Bleaching in Great Barrier Reef	
Day - 23	Ecosystem And Ecology	Marine Heatwaves in Arctic Ocean	
		Coastal Erosion impacting ecosystem	
		Deoxygenation in Riverine Ecosystems	
		Impact of El Nino on the lakes of World	
		Turtle conservation	
		Tiger conservation	
		Artificial reefs	
		Sundarbans: Becoming a Fragile ecosystem	
		Market-Based Approaches to Forest Conservation	
	Biodiversity	Constructed Wetlands: Benefits and Challenges	
Day - 24		Vultures at Risk in India	
2., 21		Great Indian Bustards: Conservation and challenges	
		Threat of Invasive Alien Species	
		India's Soil Erosion Crisis	
		Forest Fires in India	
		Status of Leopards in India 2022	
		IUCN Assessment of the Himalayan Wolf	
		One Year of Project Cheetah	
		Rising pollution in Indian Rivers	
		Pest attack and its impact on crop production	
		Air Pollution Control in India	
		Groundwater Contamination in India	
Day - 25	Pollution	Plastic Waste Crisis in the Indian Himalayan Region	
		India's Battle Against Single-Use Plastics	
		Nitrogen Pollution: Issues and Challenges	
		Radioactive Discharges from Indian Nuclear Plants	

Sleep y Classes IRS Awakening Toppers		T.me/Sleepy Classes	
		Acid Rain: Impact on Environment	
		India's Coal Plants: SO2 Emission Control	
		8-Point Plan in NCR and Nearby Regions under GRAP Stage-IV	
		Metal Mining Pollution	
		Microplastics: Impact on Land and water	
		Issue of Solid Waste Management	
Day - 26	Waste Management	Solar Waste Management: New Challenges	
		E-Waste Management in India	
		Converting Plastic Waste into Fuel	
		Anthropocene	
		Declining green cover in Cauvery river basin	
		Green Industrialisation Initiative	
		Manufactured Sand	
		Rising Global Temperatures	
Day - 27		Amazon Forest Fire: Global Impact	
		Desertification: Issues and Challenges	
		Harnessing Biomass Cultivation on Degraded Land	
		Mining in Aravalli Range	
	Environmental Conservation	Ensuring Safety and Health at Work in a Changing Climate	
		Carbon Farming: A Path to Sustainable Agriculture	
		Electric Mobility: A new paradigm in India	
		Water Crisis in Urban India: Impact on Environment	
Day - 28		Used Heavy Duty Vehicles and the Environment	
		Land Management for Sustainable Development	
		India's Green Energy Transition in times of climate change	
		Green Hydrogen: Enabling Measures Roadmap for Adoption in India	

Sleepy Classes IRS Awakening Toppers		T.me/Sl	eepy Classes
		India's Green Future through BioCNG	
		Ethical, Social and Cultural Risks of Climate Engineering	
		CCUS Policy Framework: NITI Ayog	
		Ammonia: Potential Automotive Fuel	
		SC stand on projects in Kumaon Himalayas	
		Laws for flora and fauna rescue from smuggling	
		Illegal Sand Mining in Indian river basins	
		Climate Migration	
		Regenerative Blue Economy	
		NABARD's Climate Strategy 2030	
	Environmental Governance	Plastic Waste Management (Amendment) Rules, 2024	
Day - 29		Human-Animal Conflict	
		Wild Life Licensing Rules 2024	
		EU's Carbon Border Tax Impact	
		Greenwashing	
		Climate Change Performance Index 2024	
		International Energy Agency's Coal 2023 Report	
		Battery Waste Management Rules, 2022	
		EIA For Himalayan Region	
		Biological Diversity (Amendment) Bill, 2021	
		Brazzaville Declaration	
		Recovery of Ozone Layer	
		KAZA Summit 2024 and Wildlife Product Trade	
		Paris Agreement Climate Finance Target for 2022	
Day - 30	Environmental Laws, Conventions and Protocols	19th Session of United Nations Forum on Forest	
		World Wildlife Crime Report 2024	
		The State of the Climate in Asia 2023	
		Green Credit Program	
		Human Rights and Environment	

leepy Classes IRS wakening Toppers	T.me/Sl	eepy Cl
	Kunming-Montreal GBF Implications for India's	
	Indigenous Tribes	_
	Climate Finance Road to COP29	
	Global E-waste Monitor 2024	
	Global Methane Tracker 2024	
	State of the Global Climate 2023: WMO	
	World Air Quality Report 2023	
	IPCC Reports and Equity in Climate Change Mitigation	
	The Unjust Climate: FAO	
	CMS COP14	
	Emissions Gap Report 2023: UNEP	
	Bonn Climate Meet	





Disaster Management				
Sr. No.	Topics	Sub-Topics	Task Status	
		Types of disasters		
		India's vulnerability profile		
		Earthquakes		
Day - 1		Tsunamis		
		Landslides		
		Flood		
	Natural & Man-Made	Drought		
	Disasters	Epidemics		
		Nuclear Reactor explosion		
		Dam collapse		
Day - 2		Gas Leakage		
		Oil Spill		
		Volcanic Eruption		
		Forest fires		
		Chemical Spills		
		Hazardous Material Spills		
		Explosives		
Day - 3	Man-Made Disasters	Chemical or Biological Attacks		
		Nuclear Blasts		
		Rail Accident, Airline Crash		
		Ground Water Poisoning		
		Management of disasters		
		Community management		
Day - 4	Disaster Management,	Government initiatives to tackle disasters		
Duy 1	Preparedness & Mitigation	National disaster management act, 2005		
		Global framework for disaster risk reduction		
		Disaster Insurance		
Day - 5		Role of media in disaster management		
Day - 5		Gender implications of disasters		

Sleep Awakeni	y Classes IAS ing Toppers	T.me/Sl	leepy Classes
		Disaster management cycle	
		Role of NGOs in disaster management	
		Pre disaster preparation	
		Contemporary Issues	
		Update and implementation of the National Disaster Management Plan (NDMP)	
		Launch of the National Disaster Response Force (NDRF) App	
		Improvements in the Early Warning Systems for disasters	
		Use of Artificial Intelligence (AI) and Geographic Information Systems (GIS) in disaster prediction and management	
		Satellite-based monitoring for natural disasters	
		Role of Science and Technology in Disaster Management	
		Pandemic preparedness fund	
		Disaster Induced Displacement	
Day - 6	Contemporary Issues	Urban Flood Management (to tackle frequent floods)	
		Disaster Risk Financing (G20)	
		India's increasing climate vulnerability demands urgent disaster preparedness	
		India achieving Atmanirbharta in Disaster Management	
		India's Disaster Management Model through Turkiye's case study	
		India's Disaster Management: Joshimath Crisis	
		Prime Minister's Ten Point Agenda on Disaster Risk Reduction	
		The Sendai Framework For Disaster Risk Reduction	
		Disaster Resilience- CDRI	
		National Policy on disaster management	





		Security	
Sr. No.	Topics	Sub-Topics	Task Status
		Social Diversity as Issues of Security	
		Challenges from within Neighbours as Issue of SecurityThreat	
Day - 1	Internal Security Challenges	Non-State Actors as Issue of Security Threat	
	o o	Global Indices and Measurement of Vulnerability of a State Towards such Non-State Actors	
		Law and Order vs. Internal Security	
		Changing face of Terrorism	
Day 2	Terrorism Threat to India	Terror Threats Faced by India	
Day - 2	Terrorism Timeat to mula	Broader Framework to Deal with Terrorism	
		Drawbacks in Intelligence Infrastructure	
	Organized Crime	Types of Organized Crime	
		Problems in controlling organized crimes	
Day - 3		Drug trafficking in India	
24, 5		Combating organized crimes	
		Linkage of Terrorism and Organized Crime in India	
	Linkage Between Development and Spread of Extremism	Stated Purpose of the Naxal Movement	
		Covid 19 and Naxalism	
Day - 4		Why naxalism got huge support from common man?	
		Why naxalism is biggest threat to internal security?	
		Issues & Conflicts	
Day - 5	Insurgency In North-East	Assam Insurgency	
		Resolving the Bodo Issue	
Day - 6	Committee Charles	Challenges to Border Management	
	Security Challenges in Border Areas	Issues Faced in Border Management	
		Community Participation for Border Management	
Day - 7	Raciae Of Cubar Sagarity	Types of Cyber Crimes	
Day - 7	Basics Of Cyber Security	Impact and Steps needed	

Awaken	ing Toppers	T.me/Si	leepy Classes
		Recent Incident: Ransomware	
		India's Cyber Security Infrastructure	
		The National Cyber Security Policy of India 2013	
	Cyber Warfare	Factors Contributing/Aggravating Rise of Cyber Attack	
		Recent Initiatives for Tackling Cyber Warfare	
		Regulation of Social Media in India for Internal Security	
	Social media And Internal	Artificial Intelligence	
	Security Threat	Challenges in Monitoring Social Media	
Day - 8		Steps Needed	
	Money Laundering	Meaning of Money Laundering	
		Harmful Effects of Money Laundering	
		Steps taken by the Government	
	Black Money In India	Parallel Economy in India	
		What are the various measures taken by	
		Government to curb Black Money?	
		Impact of demonetisation on black money	
		Criticisms	
Day - 0		The Organisational Structure	
Day - 9		Duties and Responsibilities of the Police	
		Centre's Role in Policing	
	Police Reforms In India	Traditional Security Challenges	
		Non-Traditional Security Challenges (NTS)	
		Recommendations for Police Reforms	
		Police we Want in 21st Century	
Day - 10		Assam Rifles	
		Border Security Force (BSF)	
	Various Security Forces	Indo-Tibetan Border Police	
Duy - 10	And Their Mandate	Central Industrial Security Force (CISF)	
		Central Reserve Police Force	
		National Security Guard	

Sleep Awakeni	y Classes IAS ing Toppers	T.me/Sl	eepy Classes
		Integrated theatre commands	
		National Maritime Security Coordinator	
		Issues with Paramilitary Forces	
		Contemporary Issues	
		India-China Border Tensions in Ladakh (Galwan Valley standoff continuation)	
Day: 11	Border Security And	India-Pakistan ceasefire agreement along the Line of Control (LoC) (February 2021)	
Day - 11	Territorial Integrity	Developments in the Indo-Pacific region and Quad Summit discussions	
		Demographic inversion in border areas due to illegal immigration	
Day - 12	Internal Security	Naxal-Maoist Insurgency and major encounters (e.g., Bijapur attack in Chhattisgarh, April 2021)	
		Developments in Jammu & Kashmir, post-Article 370 abrogation, increasing terrorist attacks eg. Reasi attack	
		Rising communal tensions and measures to address them	
		Nexus between drug smuggling and terrorist organisations	
		Geospatial data and internal security	
		Anti-maritime piracy act	
		Rising cyberattacks on Indian infrastructure and enterprises	
		Government initiatives on cybersecurity, including the National Cyber Security Strategy 2021	
Day - 13	Cybersecurity	Pegasus spyware controversy and its implications	
Day - 13	Cyclistearity	Ransomware-Akira	
		Threats posed by deepfakes to social trust	
		Terrorism	
		Counter-terrorism measures and policies	
		Recent terrorist attacks and India's responses	

Sleep	y Classes IAS ing Toppers	T.me/Sl	eepy Classes
		Role of international organizations like FATF in curbing terrorism financing	
	Defense Technology and Modernization	Indigenization of defense production and Atmanirbhar Bharat in defense	
		Development and induction of new defense systems like the S-400 Triumf, Tejas Mk1A, and various indigenous missiles	
		Strategic developments in the Indian Ocean Region (IOR)	
Day - 14		India's engagements in Indo-Pacific and Quad security dialogues	
	Maritime Security	Piracy incidents and India's anti-piracy operations	
	Wartine Security	India's deployment of naval ships in the Arabian Sea amid rising attacks on merchant vessels highlights the strategic importance of maritime security	
		Drone Attacks on Merchant Vessels	
	Space Security	Advancements in India's space capabilities (e.g., Gaganyaan mission updates, satellite launches)	
		India's participation in global space security dialogues	
	Biological And Chemical Threats	Preparedness against biological warfare in the context of COVID-19	
		Chemical weapon threats and India's compliance with international conventions	
Day - 15	Intelligence And	Enhancements in intelligence capabilities	
	Intelligence And Surveillance	Role of agencies like RAW, IB, and NIA in national security	
		National Security Act (NSA) and its recent applications	
	Legislative And Policy Developments	Unlawful Activities (Prevention) Act (UAPA) and its amendments	
		Personal Data Protection Bill and its implications on national security	





Ethics			
Sr. No.	Topics	Sub-Topics	Task Status
Day - 1		Dimensions of Ethics	
Day - 1		Essence of Ethics	
Day - 2		Approaches of Ethical Study as Indian Perspective and Western Perspective	
		Basic concept of ethics morality and value	
Day - 3		Ethics in public life	
Day - 3	Ethics Basic Introduction	Ethics in Economic Life	
		Freedom and Discipline	
Day - 4		Duties and Rights	
		Virtue Ethics	
		Consequences of Ethics in Human Actions	
Day - 5		Values and Ethics in Government:	
		Contribution of Family in Value Education	
Day - 6		Human value & Socialization	
Day - 0		Individual Personality and Value	
		Values and Skill	
Day 7	Human Values	Fundamental and Instrumental Values	
		Democratic values	
Day - 8		Role of ethical value in governance and society	
Duy 0		Significance of value in Civil Services	
		Contribution of Society in Inculcating Values	
Day - 9		Role of Educational Institutions in Inculcating Values	
		Aesthetic values	
		Values in work life and professional ethics	
Day - 10		Essential Aptitude for civil servants	
Day - 10	Aptitude And	Foundational Values of Civil Services	
	Foundational Values of	Neutrality	
Day - 11	Civil Services	Anonymity	
		Civil Services Accountability	

Sleep	y Classes IRS ing Toppers	T.me/Sl	eepy Classes
		Integrity	
		Humility	
		Adaptability	
		Magnanimity	
Day 12		Perseverance	
Day - 12		Impartiality and Non-Partisanship	
		Tolerance and compassion for the weaker section	
		Contribution to society	
		Mahatma Gandhi	
Day - 13		Dr. S. Radhakrishnan	
		Rabindranath Tagore	
		Swami Dayanand Saraswati	
Day - 14		Mahadeva Govinda Ranade	
		Sri Aurobindo	
		Swami Vivekananda	
Day - 15		Sardar Patel	
		Buddha Bhim Rao Ambedkar	
		Raja Ram Mohan Roy	
Day - 16	India & World	Chhatrapati Shahu Maharaj	
	Thinkers/Leaders/ Administrators	Mother Teresa	
		Amitabha Chowdhury	
Day - 17		Aruna Roy	
		T. N. Seshan	
		E. Sreedharan	
Day - 18		Administrative Thinkers	
		Max Weber	
		Elton Mayo	
		Peter Drucker	
Day - 19		Chestar Barnard	
		Mary Parker Follet	
		Plato	

Sleep Awakeni	y Classes IAS ng Toppers	T.me/Sl	eepy Classes
		Aristotle	
		Socrates	
		Jeremy Bentham	
		JS Mill	
Day - 20		Thomas Hobbes	
		John Locke	
		Jean Jacques Rousseau	
		John Rawls	
		Immanuel Kant	
D 21		Carol Gilligan	
Day - 21		Jean Paul Sartre	
		Georg Wilhelm Friedrich Hegel	
		Confucius	
		René Descartes	
		Karl Marx	
Day 22		Adam Smith	
Day - 22		Thomas Aquinas	
		David Hume	
		Democritus	
		Galileo	
		Friedrich Nietzsche	
		Montesquieu	
		Voltaire	
Day - 23		Thomas Jefferson	
		Benjamin Franklin	
		Martin Luther King	
		Dalai Lama	
		Nelson Mandela	
		Concept of Emotional Intelligence	
Day - 24	Emotional Intelligence	Theories associated with emotional intelligence	
		Components of emotional intelligence	

Sleep Awakeni	y Classes IRS ing Toppers	T.me/Sl	eepy Classes
		Quotient of Emotional Intelligence	
		Significance of EQ in Civil Services	
		Relevance of Emotional Intelligence in Civil Services	
Day - 25		Emotions and Intelligences	
		Role of Emotional Intelligence in Administration	
		Emotional Intelligence and Leadership Quality	
		Principle of Public Life	
Day - 26		Role of Ethics in Public Life	
Day - 20		Ethics and Inventory Management	
		Ethics for Civil Servants	
	Ethics In Administration	Ethics and corporate governance	
		Ethical issues in International Relations	
Day - 27		Challenges to ethics in public service	
		Ethical Decision Making in Administration	
		Impediments in Ethical Decision Making	
		Definition of Corruption	
		Different Forms of Corruption	
		Corruption in India	
		Causes of Corruption	
Day - 28	Corruption	Effects of Corruption	
		Steps Taken by India to curb corruption	
		Steps that should be taken to curb corruption	
		Corruption Perception Index	
		Case Studies on Corruption	
		Concept of Public Service	
		Philosophical basis of governance and probity	
Day - 29	Probity In Governance	Information sharing and transparency in government	
		Right to Information	
Daw - 20		Citizen Charters	
Day - 30		Work Culture	

Awaken	ing Toppers	T.me/Sl	eepy Classes
		Quality of Service Delivery	
		Utilisation of Public Funds	
		Challenges of Corruption	
Day - 31	Corporate Governance	Corporate Governance in India	
		Ethical Business and Whistleblowing	
		Corporate Social Responsibility	
	Attitude	Attitude Formation	
Day - 32		Components of Attitude	
		Functions of Attitude	
		Attitude and Behaviour	
		Changing Attitude	
		Attitude and Civil Services	
	Ethical Issues & Dilemma	Ethical Dilemmas in Governance	
Day - 33		Laws, Rules and Regulations and Conscience as a	
		source of Ethical Guidance	
		Moral Attitude and Political Attitude	
Day - 34		Ethical Conflict in Administration	
		Ethical Issues in International Funding	
		Resolving Ethical Dilemmas	
	Code Of Conduct and Code of Ethics	Code of Conduct for Civil Servants	
		Code of Ethics in Profession	
Day - 35		Difference between Code of Conduct and Code of	
		Ethics Ethics	_
		Implementation of Code of Conduct for Public Servants	
Day - 36	Accountability And Ethical Governance	Concept of Accountability	
		Ways and Means of Fixing Accountability	
		Morality and Accountability	
		Responsibility and Accountability	
Day - 37	Cases Studies on Above Topics	Case Studies on Emotional Intelligence	
		Case Studies on Ethics in Administration	
		Case Studies on Corruption	

	y Classes IAS ng Toppers	T.me/Sleepy Classes	
		Case Studies on Probity in Governance	
Day - 38		Case Studies on Corporate Governance	
		Case Studies on Attitude	
		Case Studies on Ethical Dilemma	
		Case Studies on Code of Conduct/Ethics	
		Case Studies on Accountability and Ethical	
		Governance	
		Contemporary Issues	
	Issues Related to Ethics, Integrity & Aptitude	Integrity Index	
		7th Pay Commission Report	
		Ethical Issues in International Relations	
		Ethical Issues in International Funding	
Day - 39		Misinformation in Media	
Day - 39		Automation and Artificial Intelligence	
		Ethical Wealth Creation	
		Gig Economy Challenges	
		Ethical Issues in Sports	
		Rising Intolerance in Society	
		Mob Lynching Issues	
		Ethical Consumerism	
		Office Romance	
		Ethics in Politics	
Day - 40		Ethics of War	
		Ethics of Human Cloning	
		Ethics in Disaster Management	
		Ethics of Surrogacy	
		Refugee Crisis	
		Ethics of Abortion	
Day - 41		Ethical Issues Concerning GM Crops	
		Ethics of Animal Testing	
		Ethics of Euthanasia	
		Paid News Issue	

Sleepy Classes IAS Awakening Toppers		T.me/Sleepy Classes	
		Fake News Issue	
		Post-Truth Era	
		Me Too Movement	
		Ethical Issues in Working Condition of Workers	
		Ethics of Ban on Triple Talaq	
		Ethics in Use of Drones	
		Sexual Harassment at Workplace	
		Ethics of Sting Operation	
		Ethical Issues Concerning Data Piracy	
Day - 42		Issues Concerning Privacy Right	
		Ethics in Cyberspace	
		Ethical Issues Concerning NGOs Funding	
		Ethical Wealth Through Cryptocurrency	
Day - 43		Ethics in Public Transportation	
		Maintenance of Social Harmony in Diverse Society	
·		Role of Ethics in Supply Chain Management	
		Ethics Concerning Intellectual Property Rights	
D 11		Ethics Concerning Marital Rape	
		Ethics Concerning Death Penalty	
Day - 44	Issues Related to Ethics,	Ethics Concerning Manual Scavenging	
	Integrity & Aptitude	Ethical Issue Concerning Live-in Relationship	
Day - 45		Ethics Concerning Artificial Intelligence	
		Ethics Concerning Social Media	
		Ethics Concerning Students Politics	
		Ethical Issues Concerning Reservation Policy	
		Ethics Concerning Freebie Politics	
		Ethics Concerning Free Speech and Expression	
		Ethics Concerning Paid Menstruation Leave	